

Spin distillation of ultracold Bose gases

Piotr Deuar
Mariusz Gajda



Institute of Physics, Polish Academy of Sciences, Warsaw, Poland



Tomasz Świsłocki

Warsaw University of Life Sciences (SGGW), Warsaw, Poland

Mirosław Brewczyk

University of Białystok, Białystok, Poland



Support:



QUANTERA



- Spin distillation cooling – what's that about?
- Our model and simulations
- The case of Chromium
- The case of Sodium
- Conclusions

Collaboration

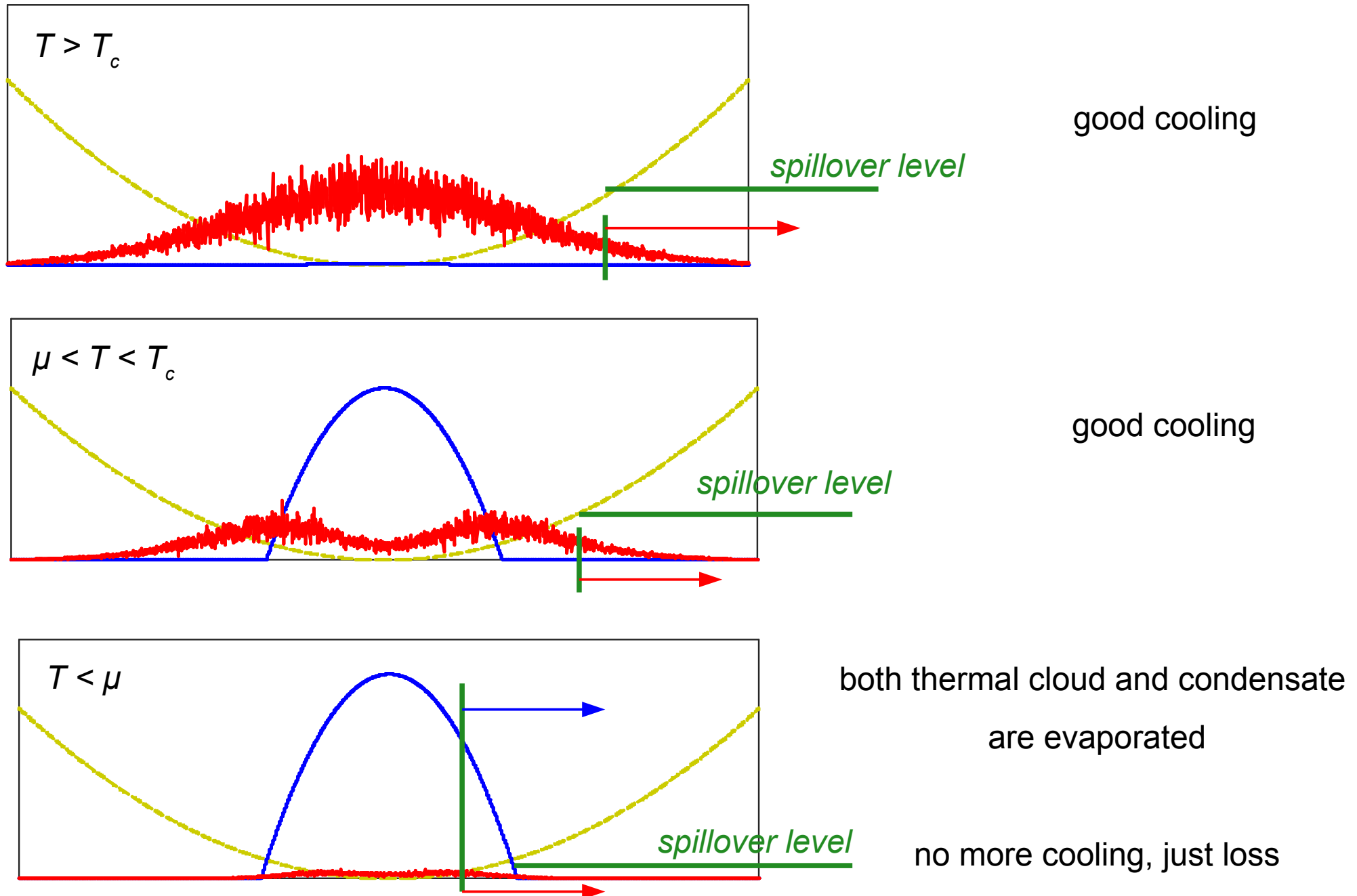
Bruno Laburthe-Tolra

Universite Paris 13, Villetaneuse, France

Joanna Pietraszewicz

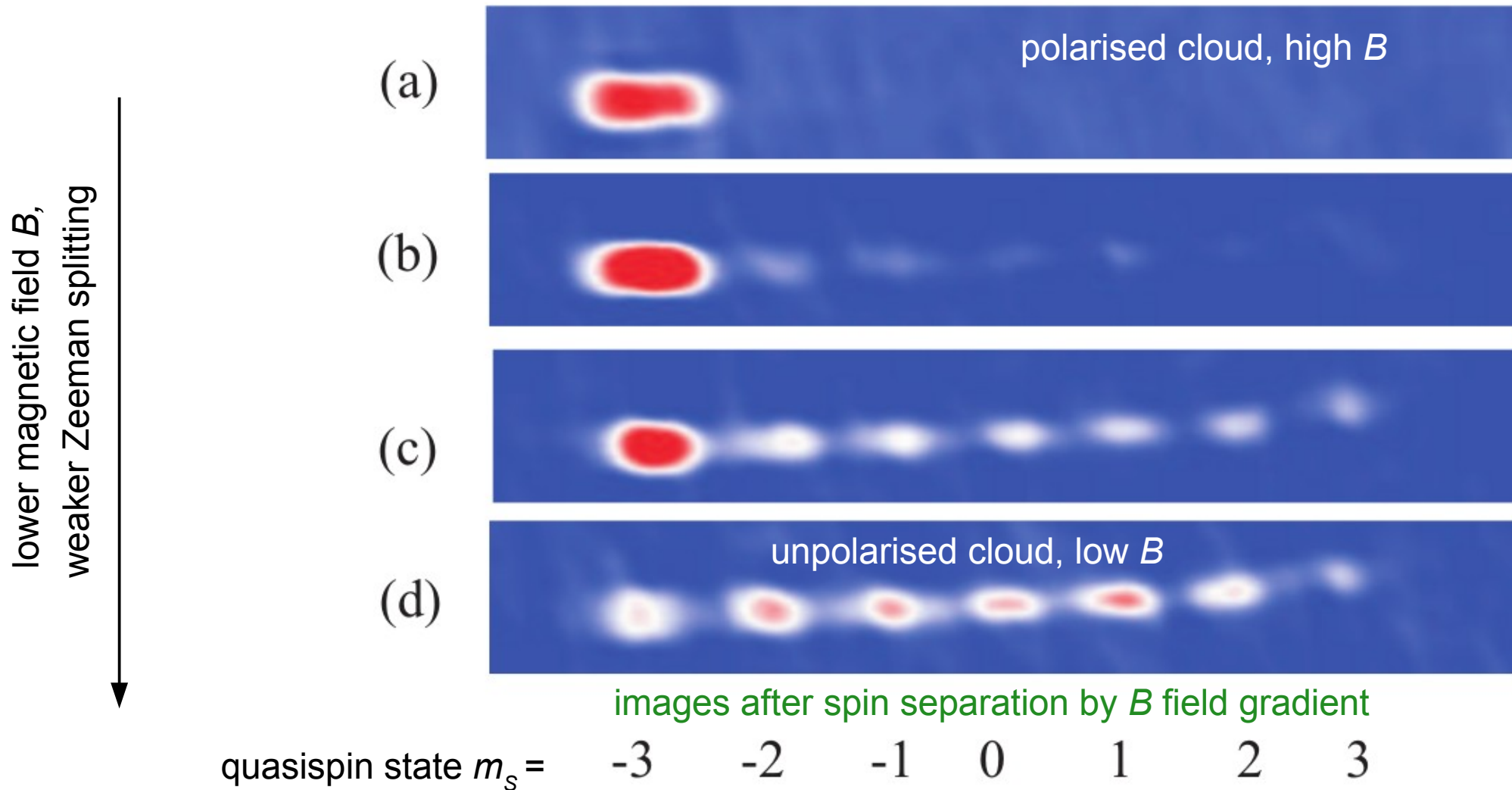
Institute of Physics, Polish Academy of Sciences, Warsaw, Poland

Evaporative cooling



Spinor condensate – more tricks to choose from

- Several hyperfine species of the same atom
- Atoms can change of species



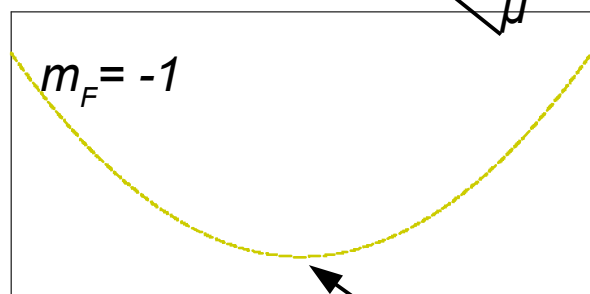
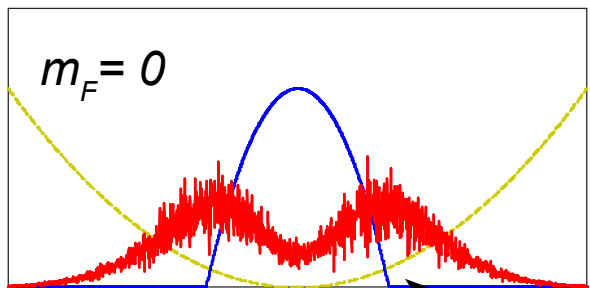
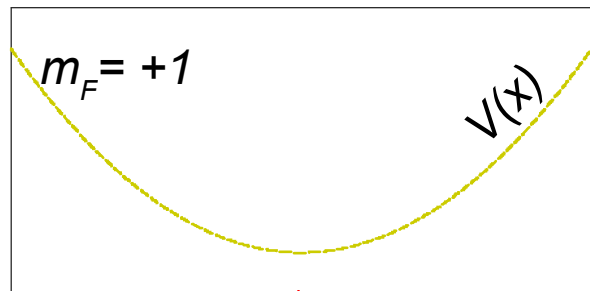
Pasquiou, Marechal, Bismut, Pedri, Vernac, Gorceix, Laburthe-Tolra, PRL **106**, 255303 (2010)

Spin distillation cooling – concept

- schematic for the case of ^{23}Na (discussed in detail later)

initial $t=0$

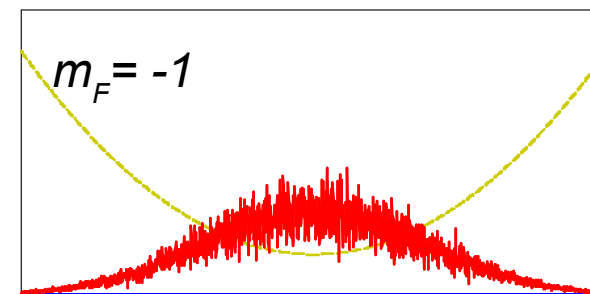
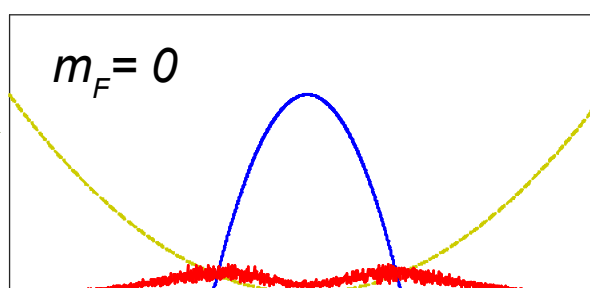
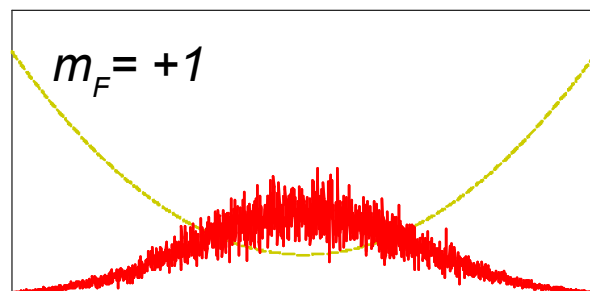
prepared in high B field



$$\Delta E > \mu$$

after free evolution

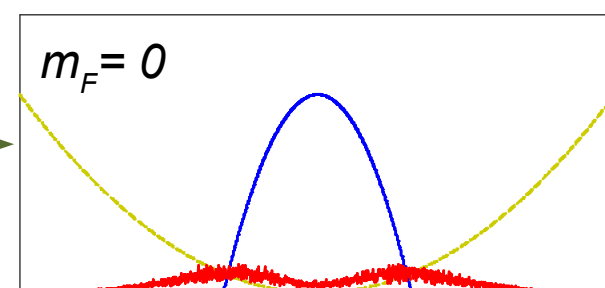
B field lowered at $t=0$



higher spin states removed

; ready for next cycle

Add B field gradient to eject $m_F \neq 0$



Cooling of a Bose-Einstein Condensate by Spin Distillation

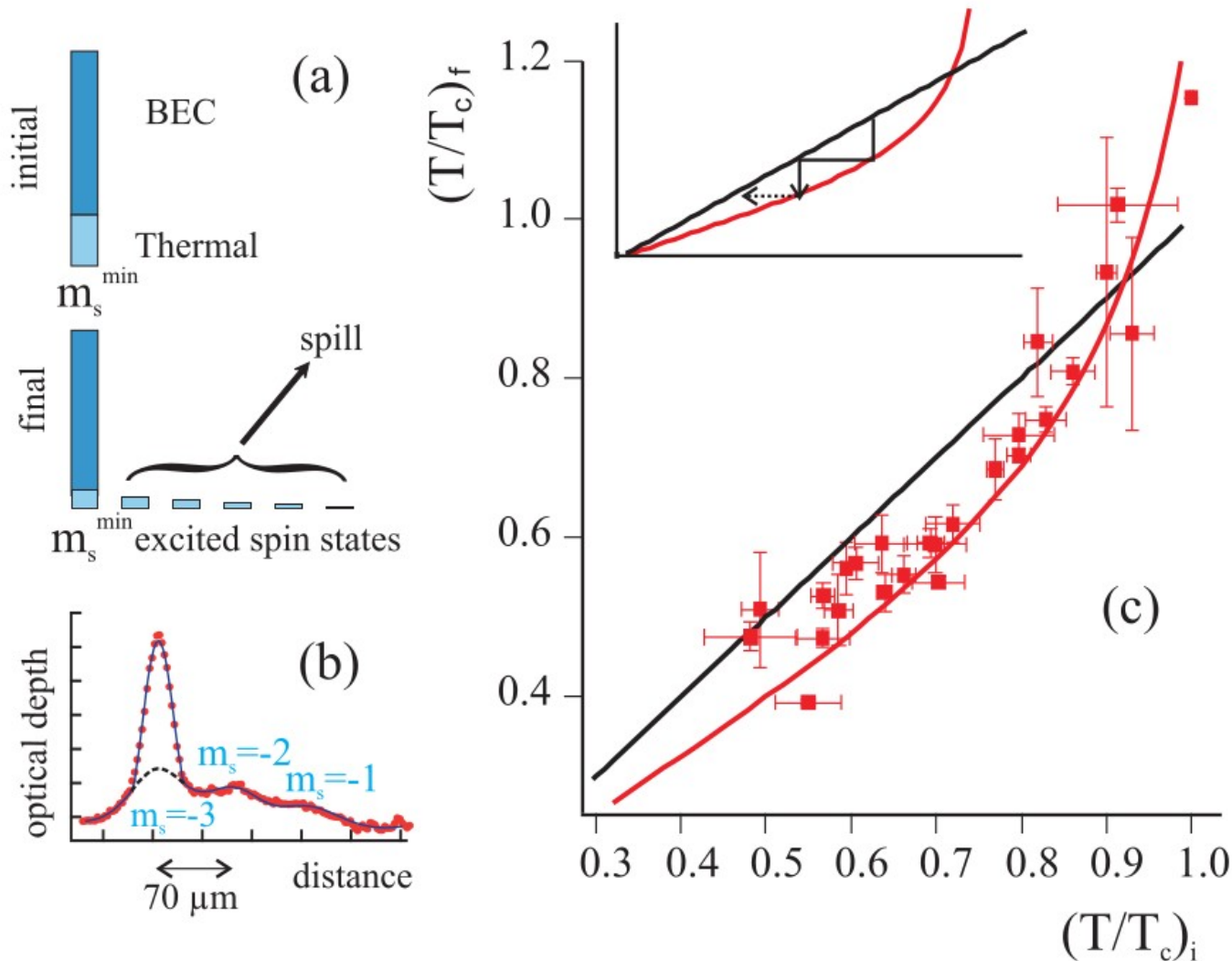
B. Naylor,^{1,2} E. Maréchal,^{2,1} J. Huckans,^{3,1} O. Gorceix,^{1,2} P. Pedri,^{1,2} L. Vernac,^{3,2} and B. Laburthe-Tolra^{2,1}

¹Université Paris 13, Sorbonne Paris Cité, Laboratoire de Physique des Lasers, F-93430 Villetaneuse, France

²CNRS, UMR 7538, LPL, F-93430 Villetaneuse, France

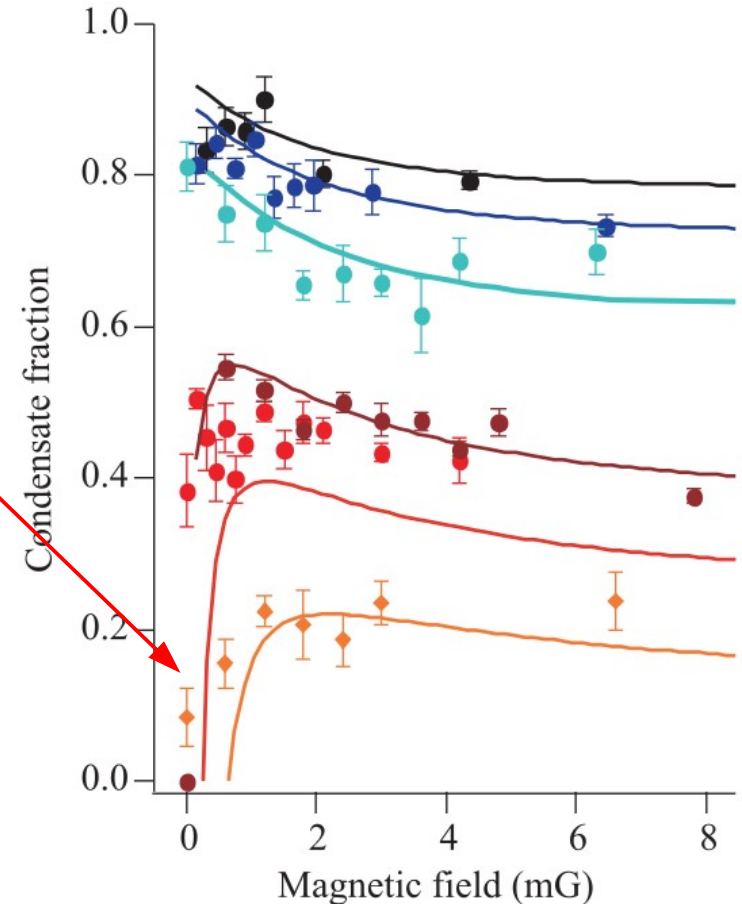
³Department of Physics and Engineering Technology, Bloomsburg University of Pennsylvania, Bloomsburg, Pennsylvania 17815, USA

⁵²Cr



Open questions

- Can successive cycles lead to more cooling?
- What are the limitations / conditions needed?
 - * how should magnetic field be changed in successive cycles?
- does it also work for ^{23}Na (suggested in the paper)
 - * contact interactions only
 - * using quadratic Zeeman effect
- why is there a worsening at small magnetic field?



Semiclassical field theory

Bose field

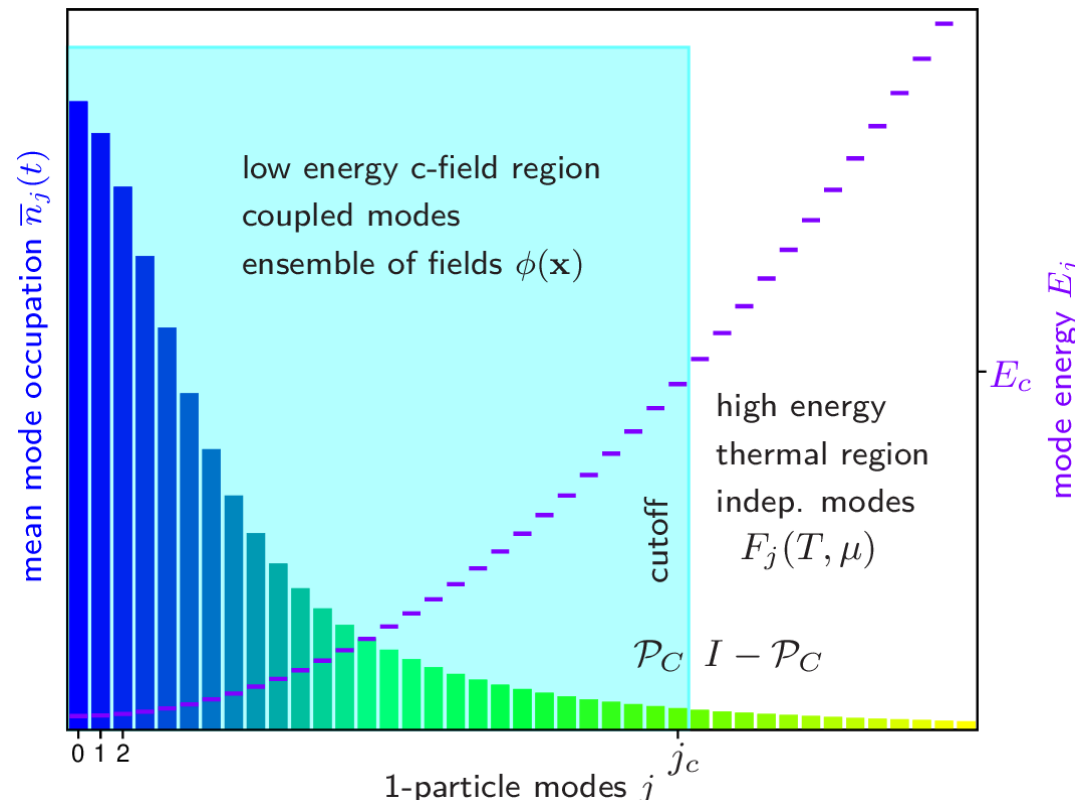
semiclassical replacement

$$\widehat{\Psi}(\mathbf{x}) = \sum_j \widehat{a}_j \psi_j(\mathbf{x}) \longrightarrow \phi(\mathbf{x}) = \left\{ \sum_{j \in \mathcal{C}} \alpha_j \psi_j(\mathbf{x}) \right\}$$

$$[\widehat{a}_j, \widehat{a}_k^\dagger] = \delta_{jk}$$

$$\widehat{a}_j \gg 1 \rightarrow \widehat{a}_j \approx \alpha_j$$

Assuming high occupation:



Developed by many authors:

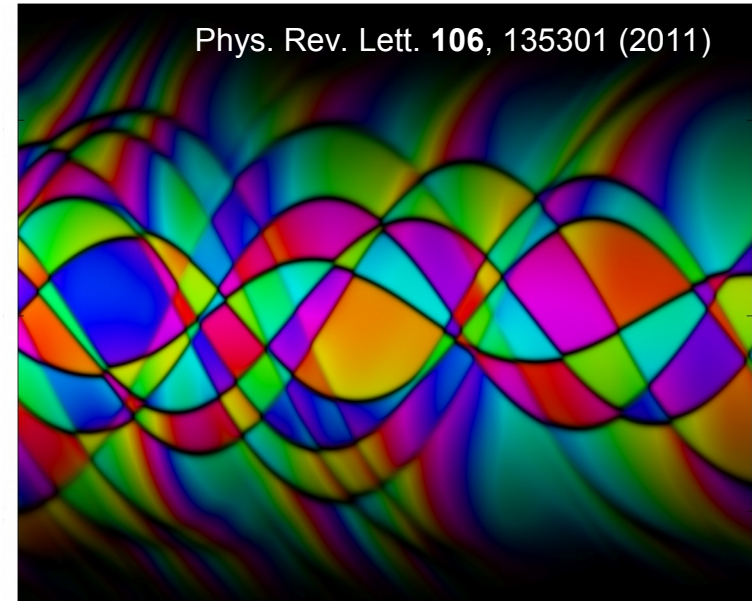
M. Brewczyk, M. Gajda, M. Davis, K. Rzazewski, A. Sinatra, K. Burnett, E. Witkowska, ... (no priority implied)

Useful Reviews: *M. Brewczyk et al, J. Phys B 40, R1 (2007); P. Blakie et al. Adv. Phys. 57, 363 (2008)*

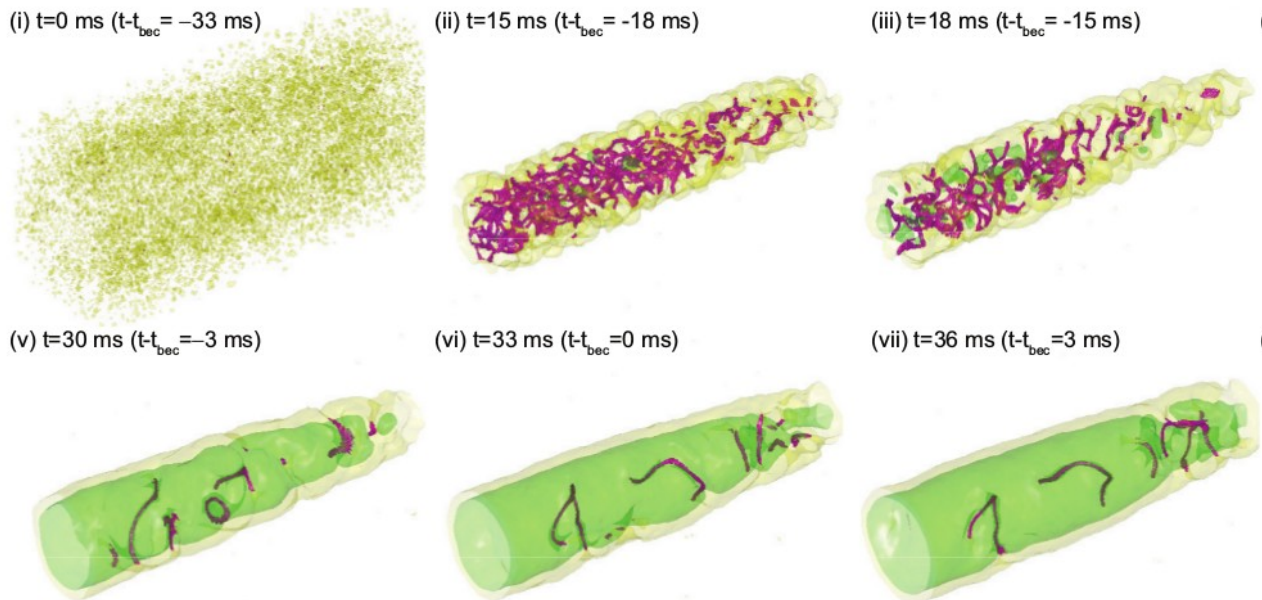
Notable qualities of the classical field method

- Treats both condensate and thermal part
- Good scaling: makes 10^7 modes tractable
- Nonperturbative
- Single shots \sim single experimental realizations

**HERE $\sim 4 \times 10^5$ sites in each spin component
 $\sim 3 \times 10^6$ modes**



1d gas – phase domains after cooling



$$\langle n(x, t) \rangle$$

Phys. Rev. Lett. **109**, 205302 (2012)

$$n(x, t)$$

1d gas – thermal equilibrium

Liu, Donadello, Lamporesi, Ferrari, Gou, Dalfovo, Proukakis, Commun. Phys. **1**, 24 (2018)

Initial state generation: 1 component Stochastic GPE

$$\hbar \frac{d\psi_C(\mathbf{x})}{dt} = \mathcal{P}_C \left\{ -iH_{\text{GPE}} \psi_C(\mathbf{x}) - \gamma (H_{\text{GPE}} - \mu) \psi_C(\mathbf{x}) + \sqrt{2\hbar\gamma k_B T} \eta(\mathbf{x}, t) \right\}$$

Projection onto low energy subspace (cutoff)

Hamiltonian dynamics

loss of particles to tails (dissipation)

chempot sets N

gain of particles from tails (fluctuation)

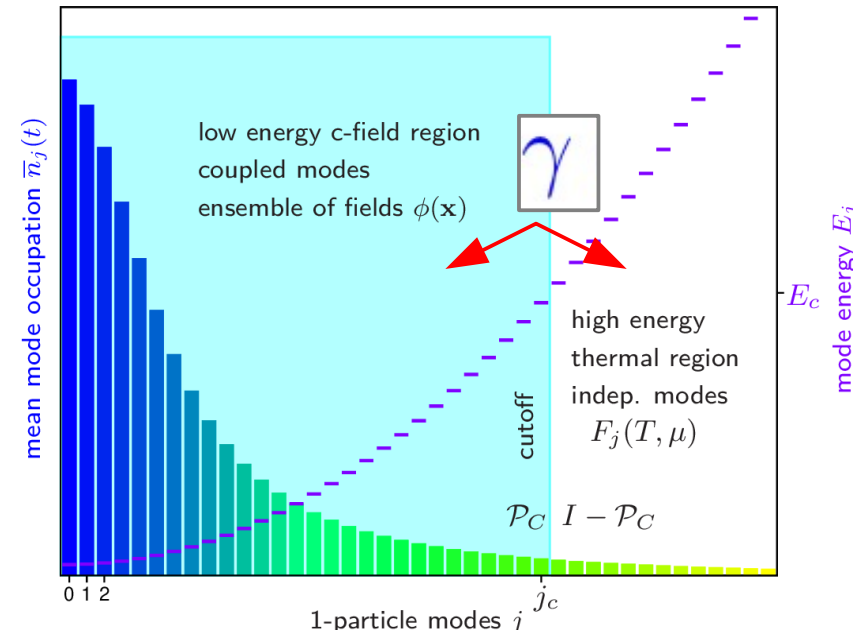
$$H_{\text{GPE}} = -\frac{\hbar^2}{2m} \nabla^2 + V_{\text{trap}}(\mathbf{r}) - \mu \cdot \mathbf{B} + g|\Psi(\mathbf{r}, \tau)|^2 + H_d(\Psi)$$

complex noise

$$\langle \eta(\mathbf{x}, t)^* \eta(\mathbf{y}, t') \rangle = \delta^d(\mathbf{x} - \mathbf{y}) \delta(t - t')$$

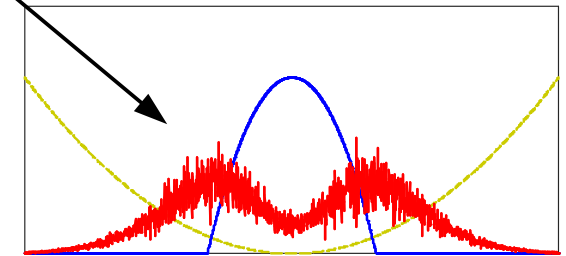
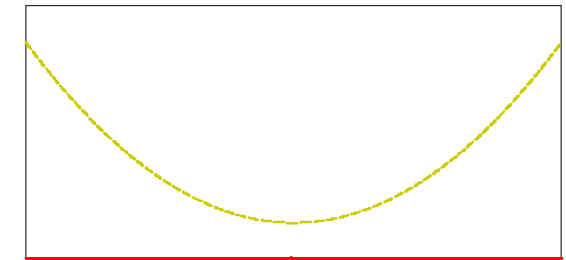
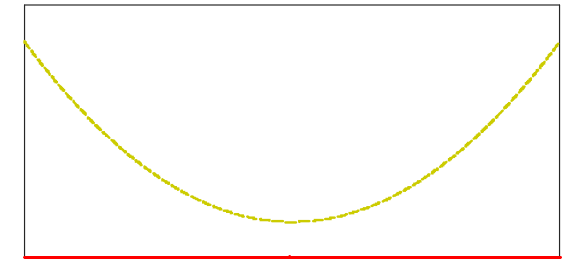
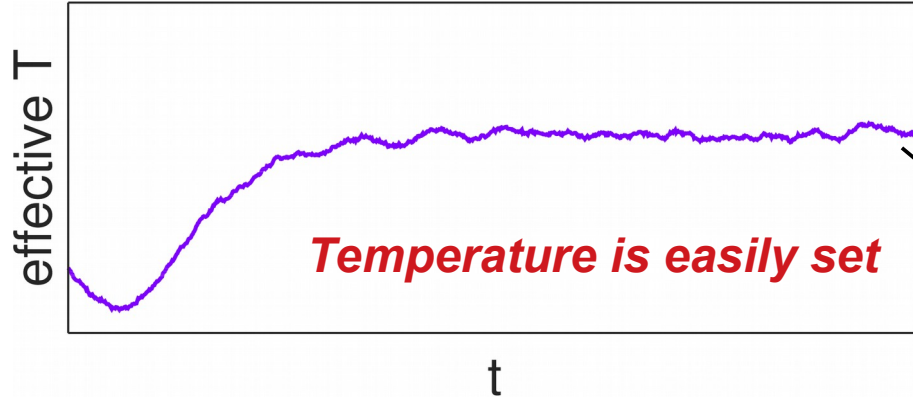
Compare to GPE:

$$i\hbar \frac{d\psi_C(\mathbf{x})}{dt} = \mathcal{P}_C \left\{ H_{\text{GPE}} \psi_C(\mathbf{x}) \right\}$$



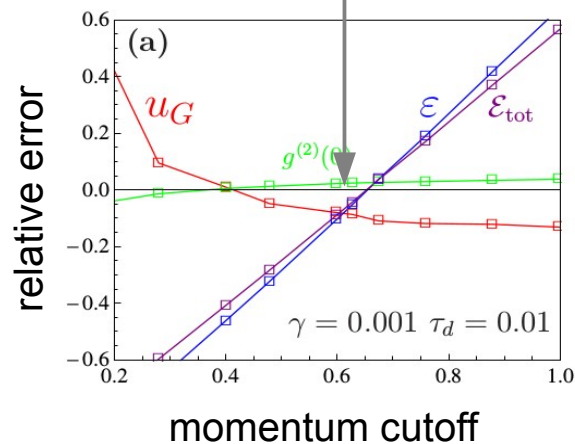
Initial state generation: SGPE

Thermalised ensemble at long time



Cutoff and numerical lattice:

- k^{\max} : optimised for several variables according to
 - Pietraszewicz, PD, PRA **92**, 063620 (2015)
 - Pietraszewicz, PD, PRA **98**, 023622 (2018)
- volume: chosen to match known condensate fraction

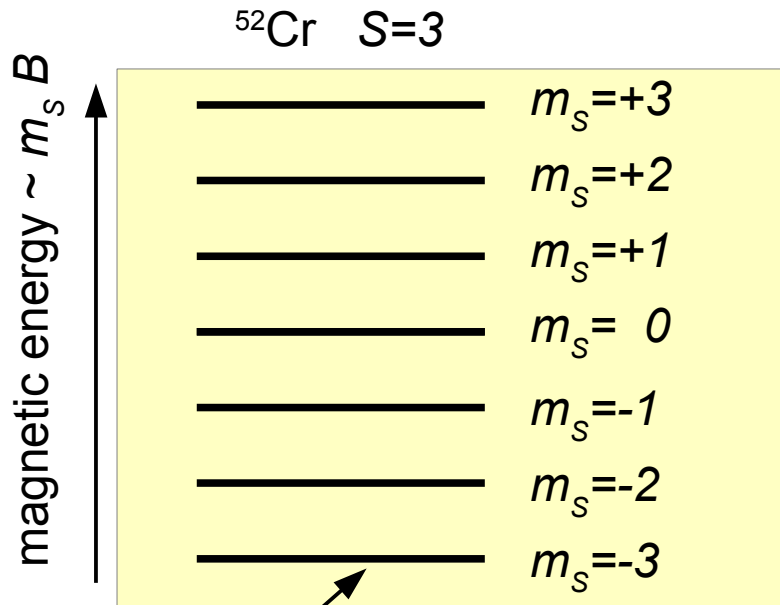


Parameters as in experiment

Seven spinor components

$$\psi(\mathbf{r}) =$$

$$(\psi_3(\mathbf{r}), \psi_2(\mathbf{r}), \psi_1(\mathbf{r}), \psi_0(\mathbf{r}), \psi_{-1}(\mathbf{r}), \psi_{-2}(\mathbf{r}), \psi_{-3}(\mathbf{r}))'$$



$$H_{\text{sp}} = -\frac{\hbar^2}{2m} \nabla^2 + V_{\text{trap}}(\mathbf{r}) - \boldsymbol{\mu} \cdot \mathbf{B}$$

$$\boldsymbol{\mu} = g_L \mu_B \mathbf{m}_s$$

Linear Zeeman effect

initial cloud →

T=235nK
N=20000
cond frac 55%

Trap frequencies (250, 300, 215) Hz

According to “plain” 7-component GPE with dipolar interactions:

$$i\hbar \frac{\partial}{\partial t} \boldsymbol{\psi}(\mathbf{r}) = (H_{\text{sp}} + H_c + H_d) \boldsymbol{\psi}(\mathbf{r})$$

$$\boldsymbol{\psi}(\mathbf{r}) = (\psi_3(\mathbf{r}), \psi_2(\mathbf{r}), \psi_1(\mathbf{r}), \psi_0(\mathbf{r}), \psi_{-1}(\mathbf{r}), \psi_{-2}(\mathbf{r}), \psi_{-3}(\mathbf{r}))'$$

$$H_{\text{sp}} = -\frac{\hbar^2}{2m} \nabla^2 + V_{\text{trap}}(\mathbf{r}) - \boldsymbol{\mu} \cdot \mathbf{B}$$

H_c is a 7×7 matrix in spinor components

H_d is the dipolar interaction term. It will not be written down today.

Two conditions on B for successful cooling

- 1) Thermal energy should be sufficient to overcome the magnetic energy barrier

$$2\mu_B B \lesssim k_B T,$$

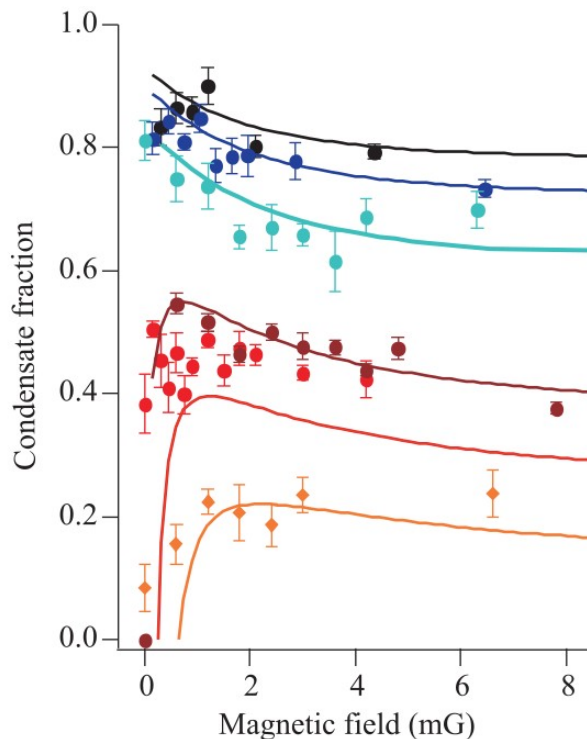
- 2) The magnetic field should be high enough that the condensate ground state remains polarised and **cannot** overcome the magnetic energy barrier

$$B > B_{\text{th}} = 0.68 \frac{2\pi\hbar^2(a_6 - a_4)}{2m\mu_B} n$$

Santos, Pfau, PRL **96**, 190404 (2006)

Diener, Ho, PRL **96**, 190405 (2006)

scattering lengths in the total spin 6 and 4 channels



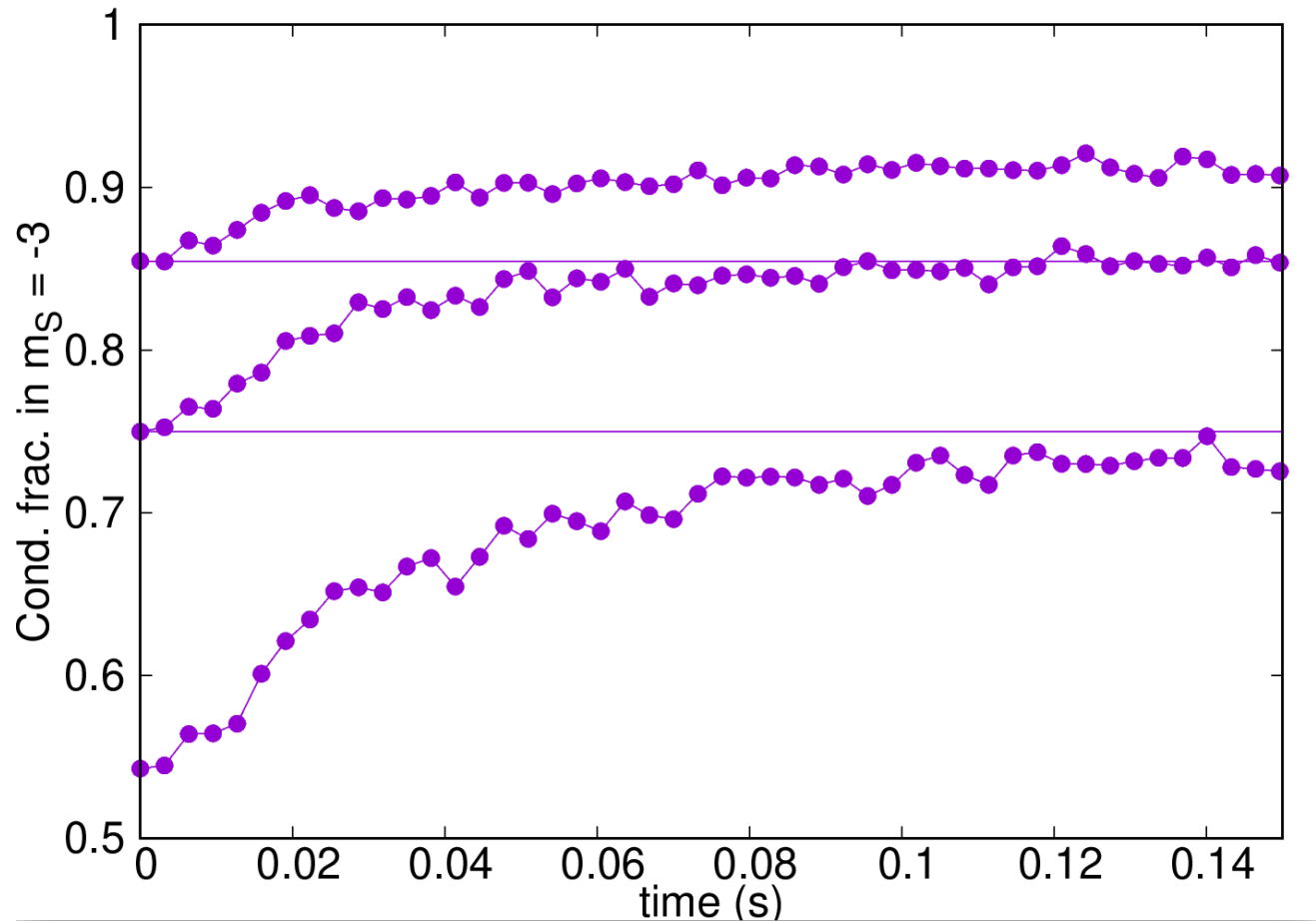
Combining conditions leads to

$$k_B T \gtrsim 0.34 \left(\frac{a_6 - a_4}{a_6} \right) \mu$$

for our system this gives $0.05T_c$, 0.13μ --- very low

Simple cooling cycles

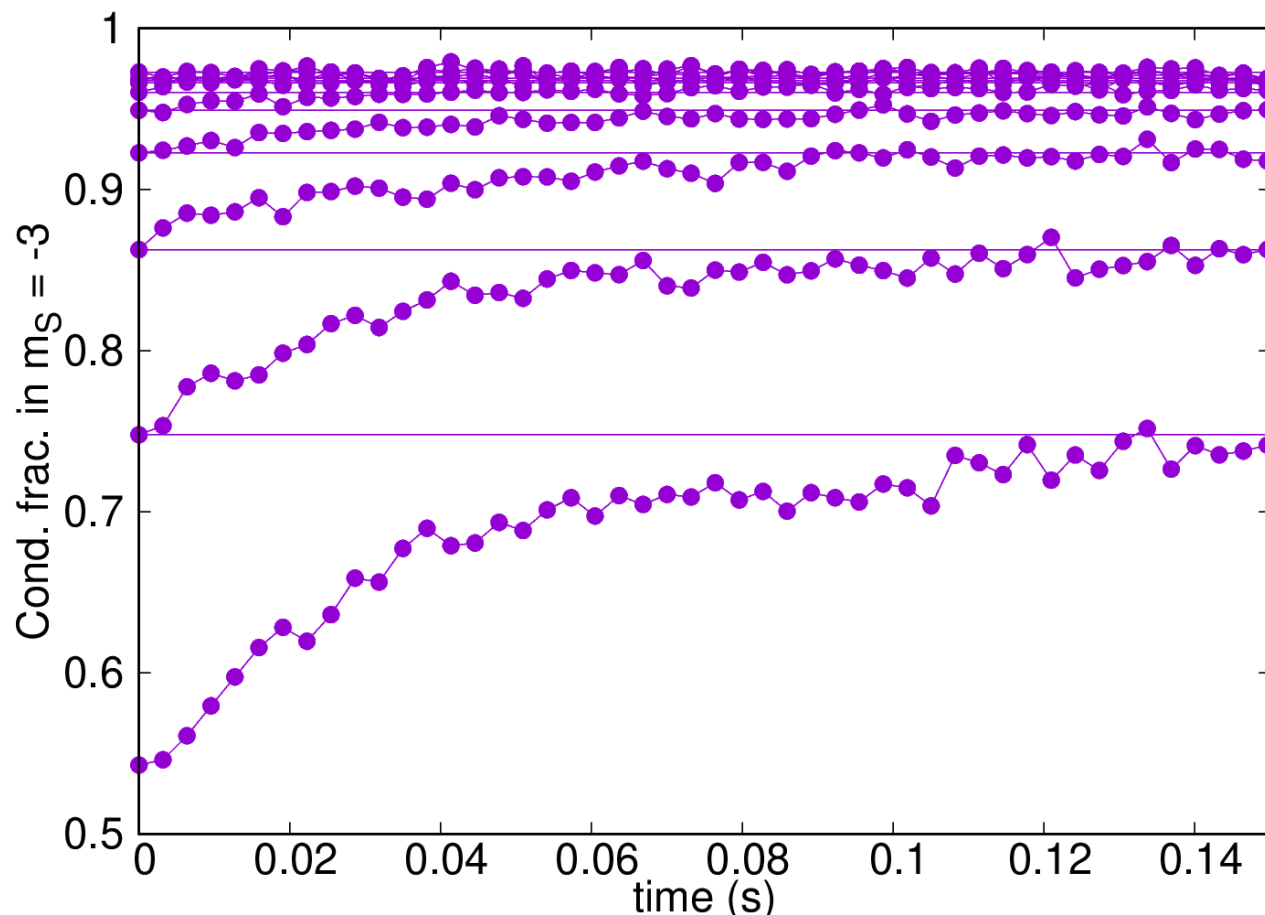
simple choice of magnetic field using initial T $B = k_B T / 2\mu_B$



So successive cooling cycles give more cooling

but limited by $2\mu_B B \lesssim k_B T$,

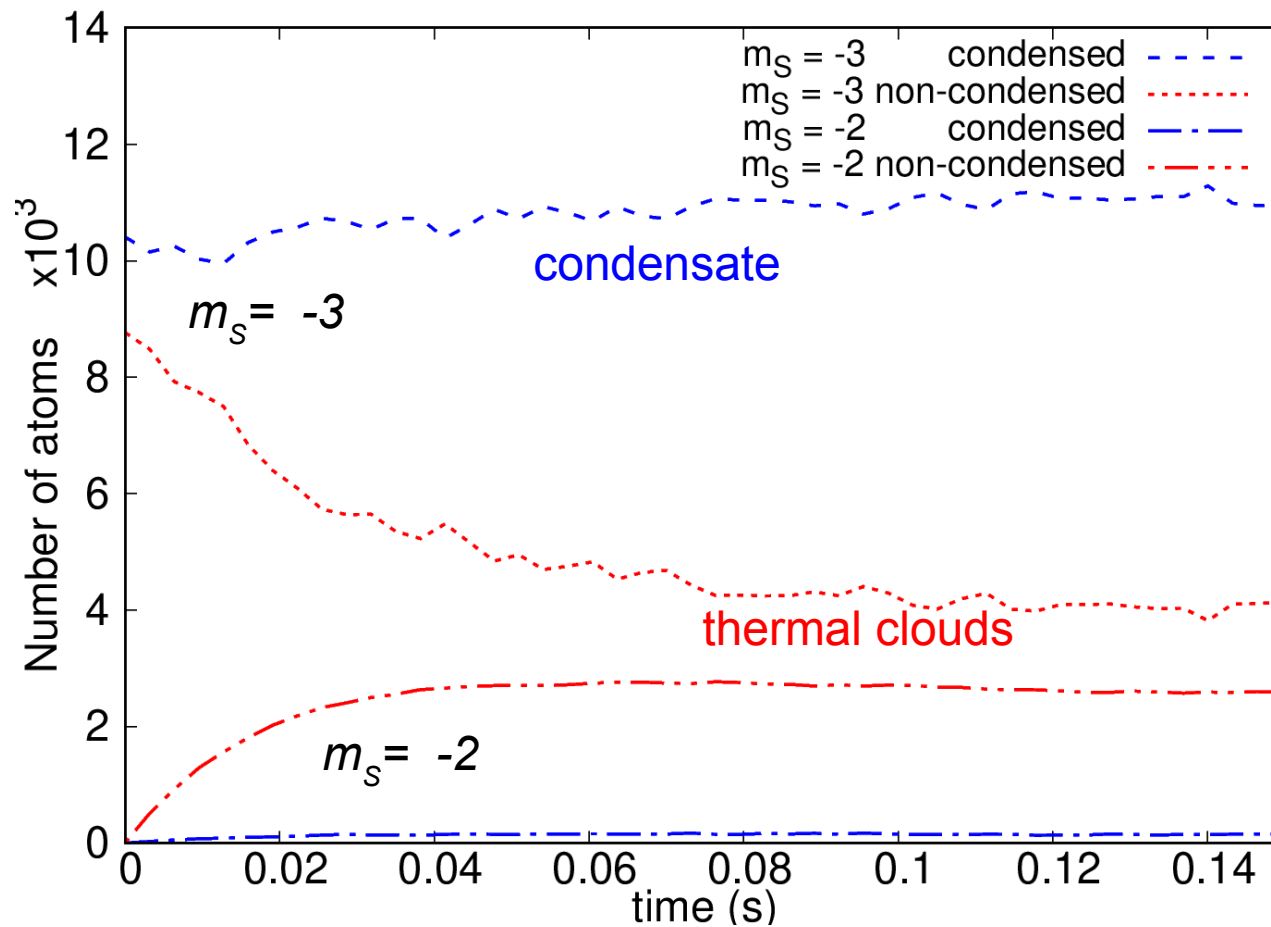
Adapting B after every cycle $B = k_B T / 2\mu_B$



Limited by minimum B

$$B > B_{\text{th}} = 0.68 \frac{2\pi\hbar^2(a_6 - a_4)}{2m\mu_B} n$$

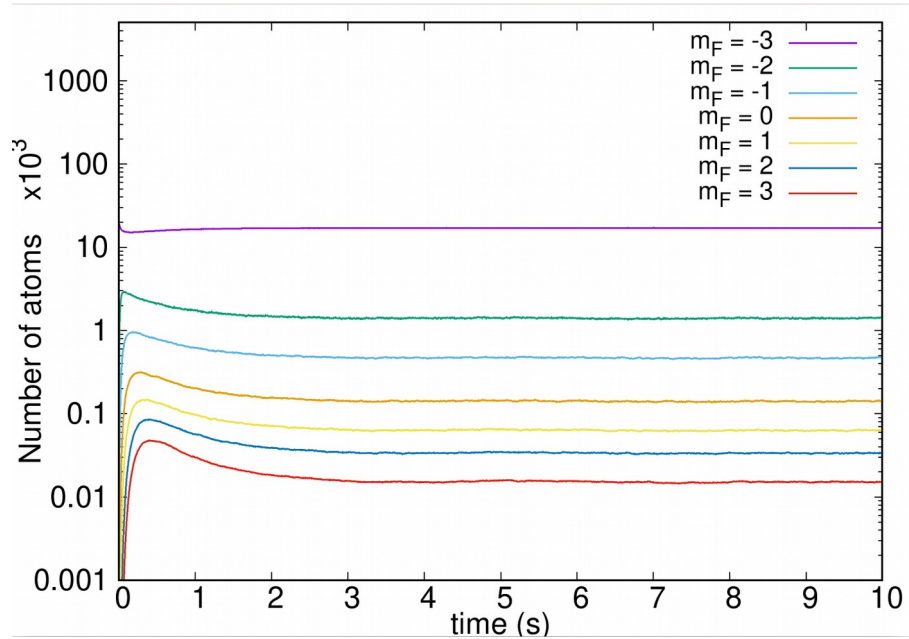
Single cooling cycle - details



Threshold vs no-threshold

populations of spin states

HERE: magnetic threshold

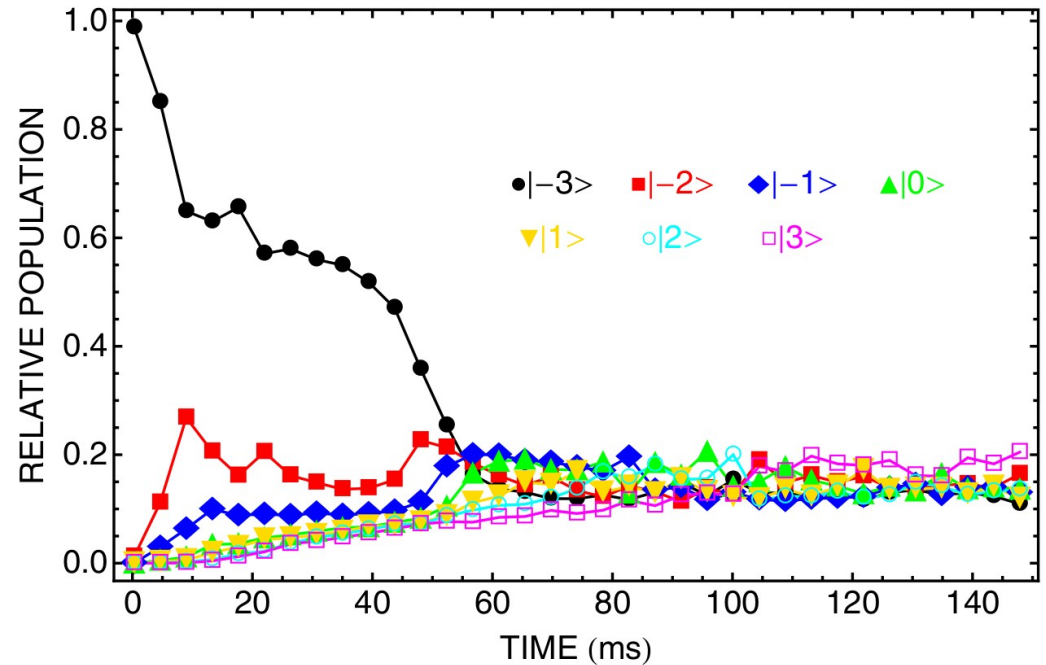


Stationary but not thermalised

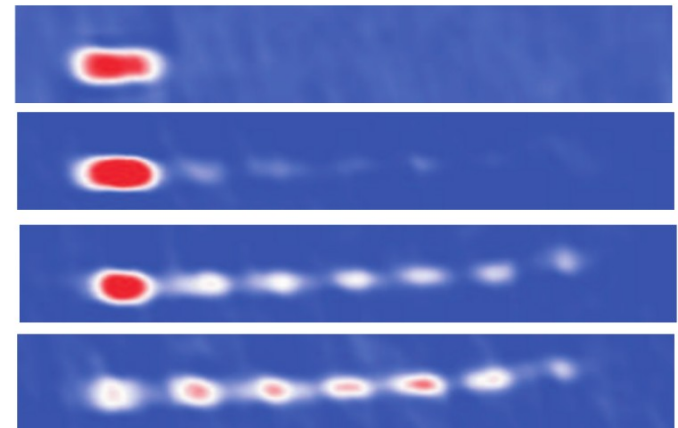
→ different mechanisms

no threshold

Swiśłocki, Bauer, Gajda, Brewczyk PRA **89**, 023622 (2014)

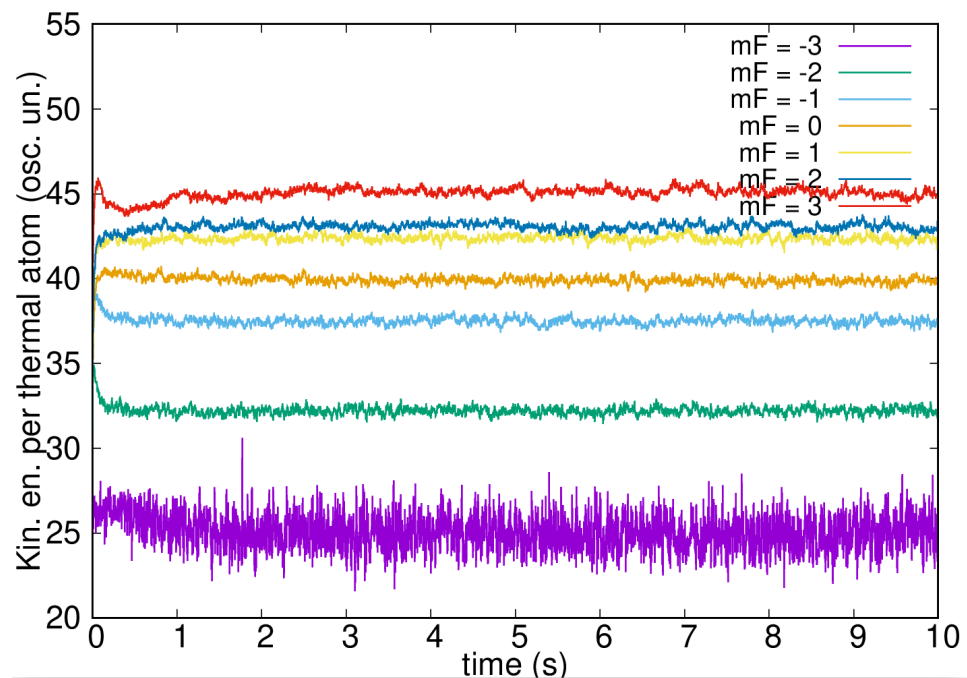


BEC components mutually thermalise



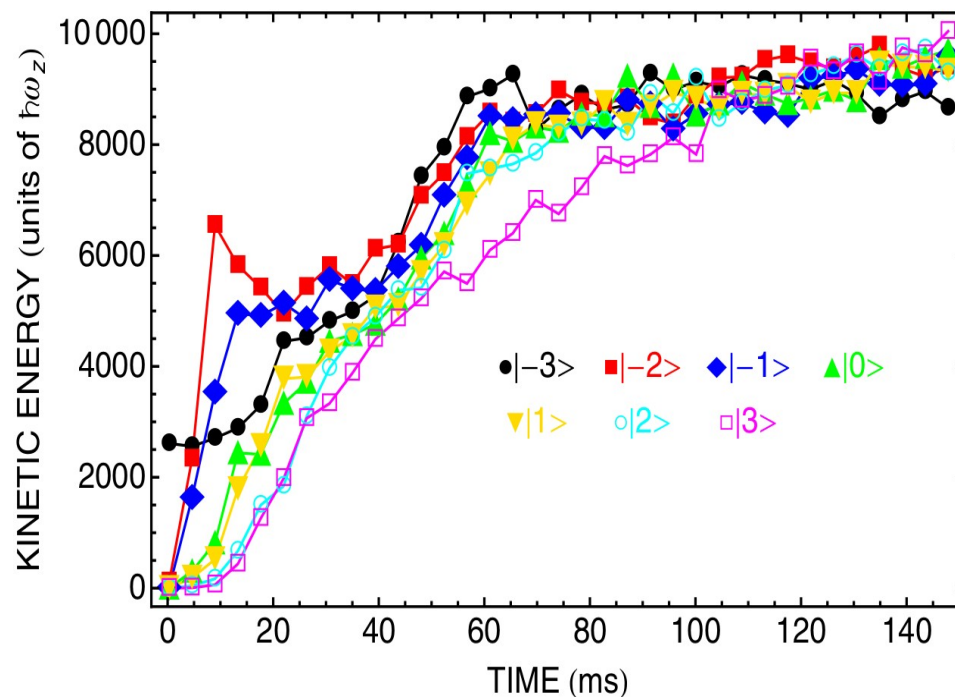
mean kinetic energy of thermal atoms

HERE: magnetic threshold



Stationary but not thermalised

no threshold

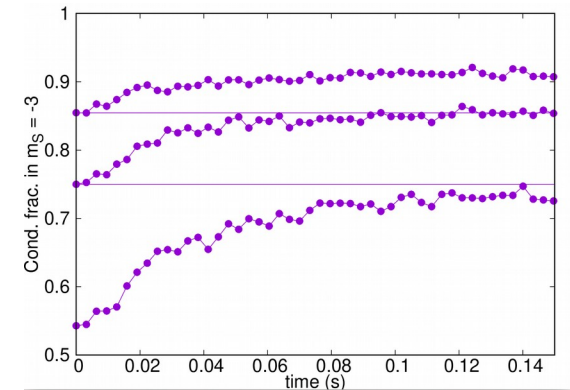
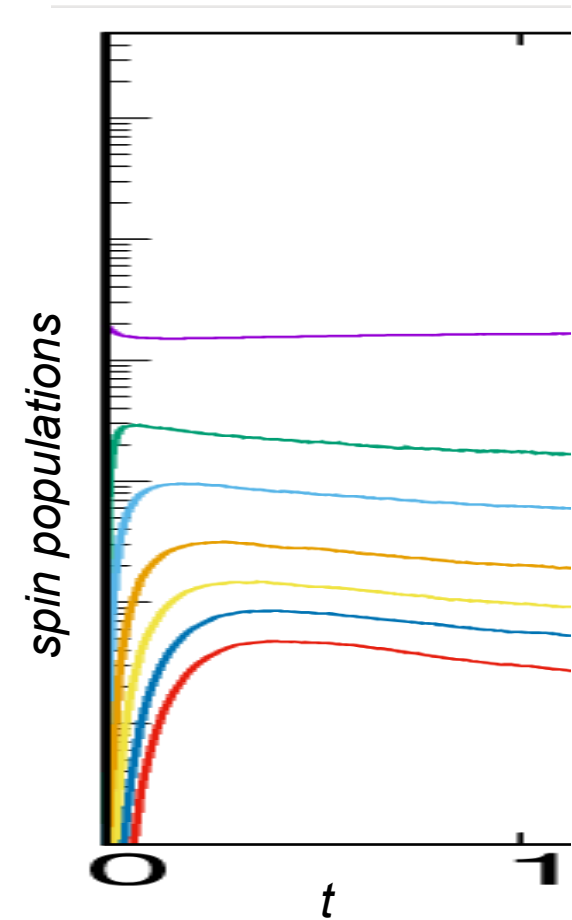


thermalised

What's the mechanism here? It's not thermalisation.....

hypotheses for the mechanism

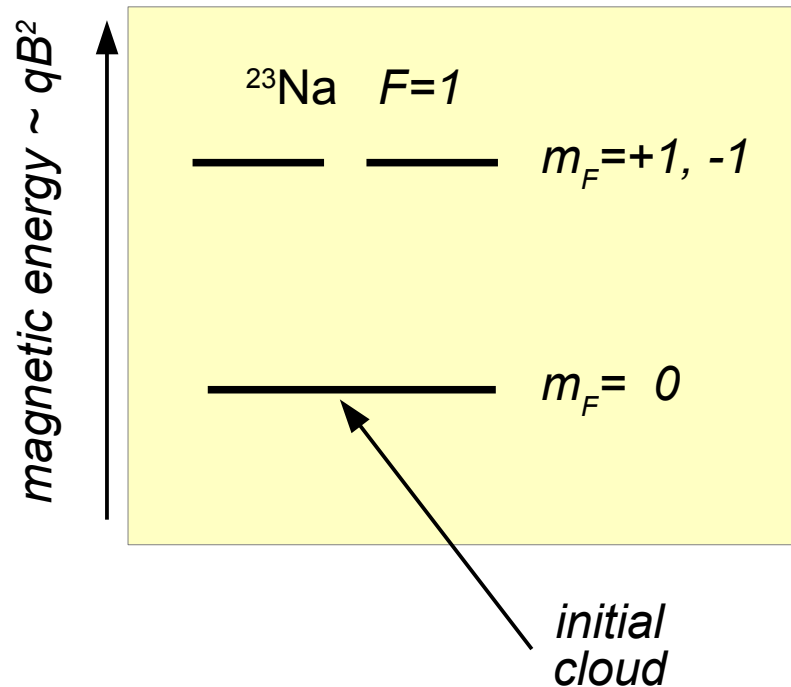
- no threshold: thermalised condensates formed in all spin states
Swiśłocki, Bauer, Gajda, Brewczyk PRA **89**, 023622 (2014)
- here:
 - * BEC cannot jump the threshold energy
 - * “thermal clouds” not mutually thermalised.
 - * which process is responsible for populating higher spin states?
- no contact interaction process for transfer from $m_s = -3$ (m_s must be conserved)
 - * \longrightarrow only leaves dipole scattering
- Thermal-thermal scattering timescale: at least several seconds (too long)
- Timescales (rough estimate) for scattering off condensate mode:
 - * $m_s = -3_{BEC} \ \& \ m_s = -3_{BEC} \rightarrow m_s = -3_{BEC} \ \& \ m_s = -2_{therm} \sim 1\text{s}$
(need better estimate)
 - * $m_s = -3_{BEC} \ \& \ m_s = -2_{therm} \rightarrow m_s = -3_{BEC} \ \& \ m_s = -1_{therm} \sim 100\text{ s}$ (ruled out)
 - * Thermal-thermal scattering timescale: at least several seconds (too long)
- Therefore: all processes involving two thermal atoms are far too slow
- Simulations suggest similar timescales for population of all higher spin states.
 Perhaps populations decrease because less states are energetically available.
- Hypothesis is that non-thermalised one-time scattering off condensate mode is responsible for the transfer:
 - * $m_s = -3_{BEC} \ \& \ m_s = -3_{BEC} \rightarrow m_s = -3_{BEC} \ \& \ m_s > -3_{therm}$
- more quantitative analysis in progress.....



Was conjectured to also allow cooling via the quadratic Zeeman effect,
purely through contact spin-dependent interactions

Naylor, Marechal, Hackens, Gorceix, Pedri, Vernac, Laburthe-Tolra, PRL **115**, 243002 (2015)

Three quasispin components $\psi = (\psi_1, \psi_0, \psi_{-1})$



Quadratic Zeeman effect is relevant here

$$H_{\text{QZE}} = -q \int d\mathbf{r} n_0(\mathbf{r})$$

$$q = \alpha_q |\mathbf{B}|^2$$

$$\alpha_q / 2\pi\hbar \approx 277 \text{ Hz} / \text{G}^2$$

$$H_s = \int d\mathbf{r} \sum_{m_F=-1}^1 \psi_{m_F}^*(\mathbf{r}) \left(-\frac{\hbar^2}{2m} \nabla^2 + V_{\text{trap}} \right) \psi_{m_F}(\mathbf{r}) + \int d\mathbf{r} \left(\frac{c_0}{2} n(\mathbf{r})^2 + \frac{c_2}{2} \mathbf{F}(\mathbf{r})^2 \right). \quad (7)$$

$$\mathbf{F} = (\psi^\dagger F_x \psi, \psi^\dagger F_y \psi, \psi^\dagger F_z \psi)$$

$$n(\mathbf{r}) = \sum_{m_F} n_{m_F}(\mathbf{r}) = \sum_{m_F} |\psi_{m_F}(\mathbf{r})|^2$$

$$c_0 = 4\pi\hbar^2(2a_2 + a_0)/3m \quad \text{spin-independent; large}$$

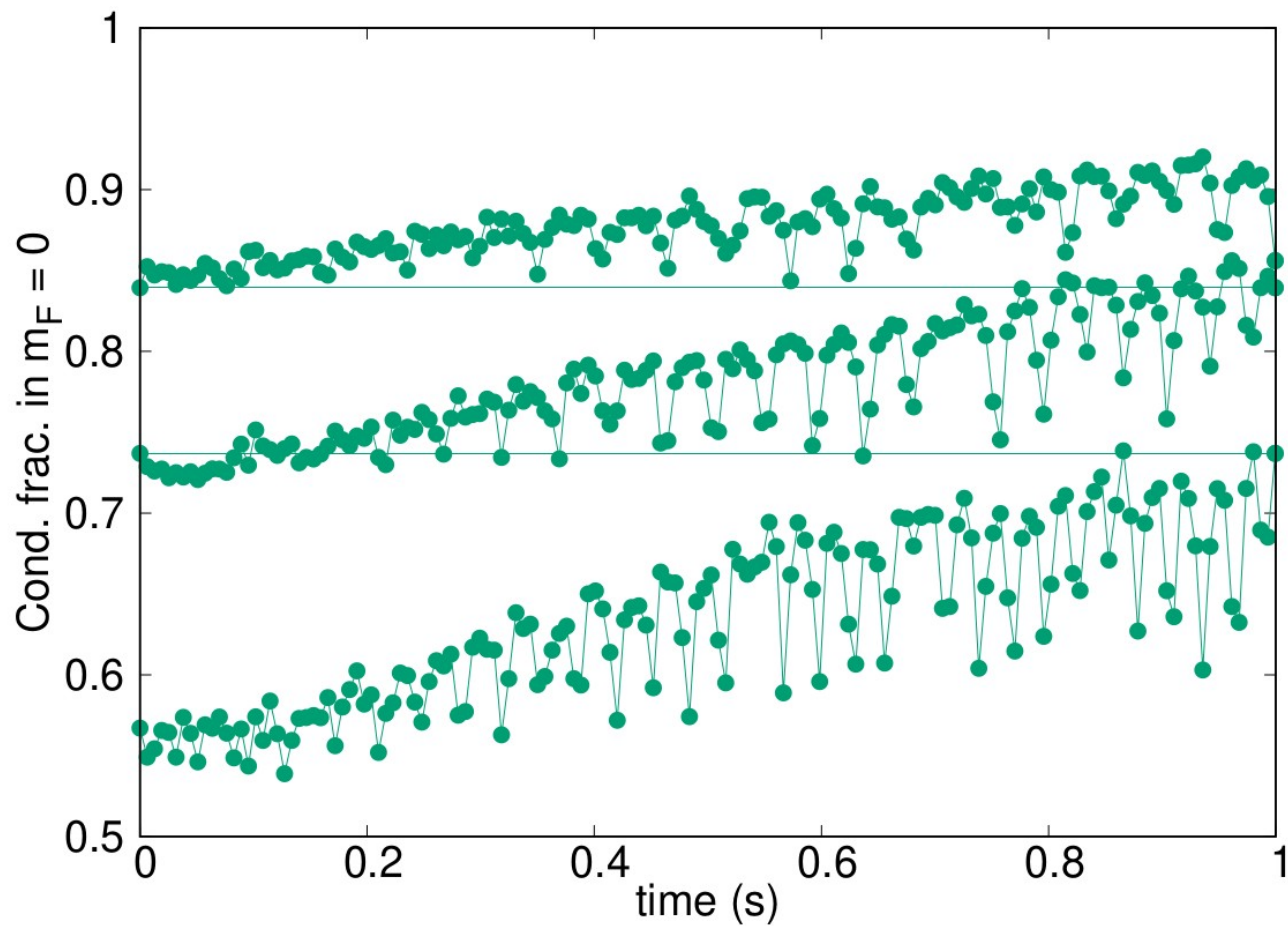
$$c_2 = 4\pi\hbar^2(a_2 - a_0)/3m \quad \text{spin-dependent; small}$$

$$a_0 = 50 \text{ and } a_2 = 55$$

$$i\hbar \frac{\partial \psi_0}{\partial t} = \left(-\frac{\hbar^2}{2m} \nabla^2 + V_{\text{trap}} + c_0 n - q \right) \psi_0 + c_2 [(n_1 + n_{-1})\psi_0 + 2\psi_0^* \psi_1 \psi_{-1}],$$

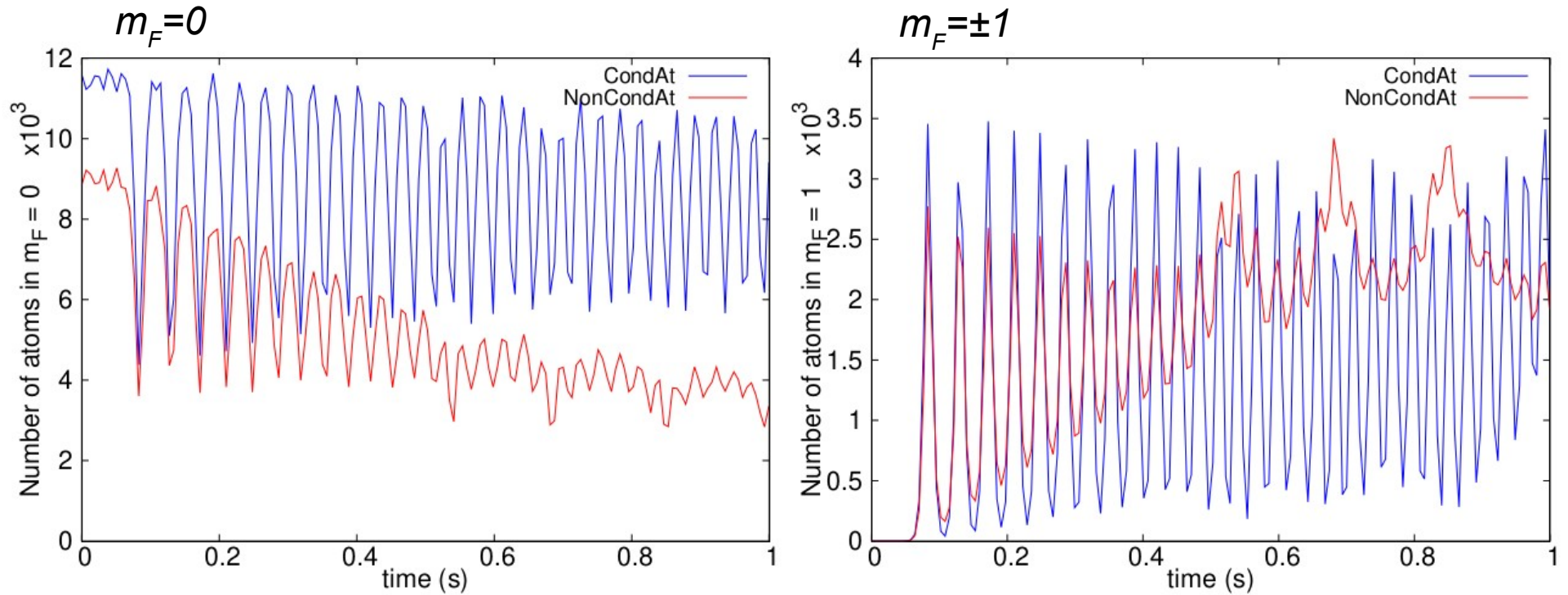
$$i\hbar \frac{\partial \psi_{\pm 1}}{\partial t} = \left(-\frac{\hbar^2}{2m} \nabla^2 + V_{\text{trap}} + c_0 n \right) \psi_{\pm 1} + c_2 [(n_{\pm 1} - n_{\mp 1} + n_0)\psi_{\pm 1} + \psi_{\mp 1}^* \psi_0^2]$$

Sodium cooling cycles



$$q=0.011 \quad B=100 \text{ mG}$$

A closer look

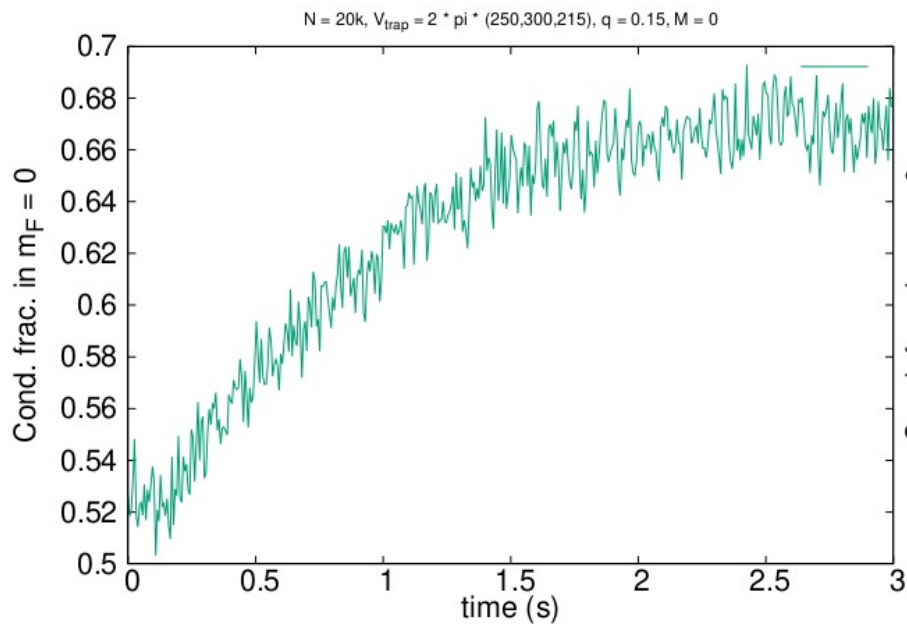


condensed and thermal atoms

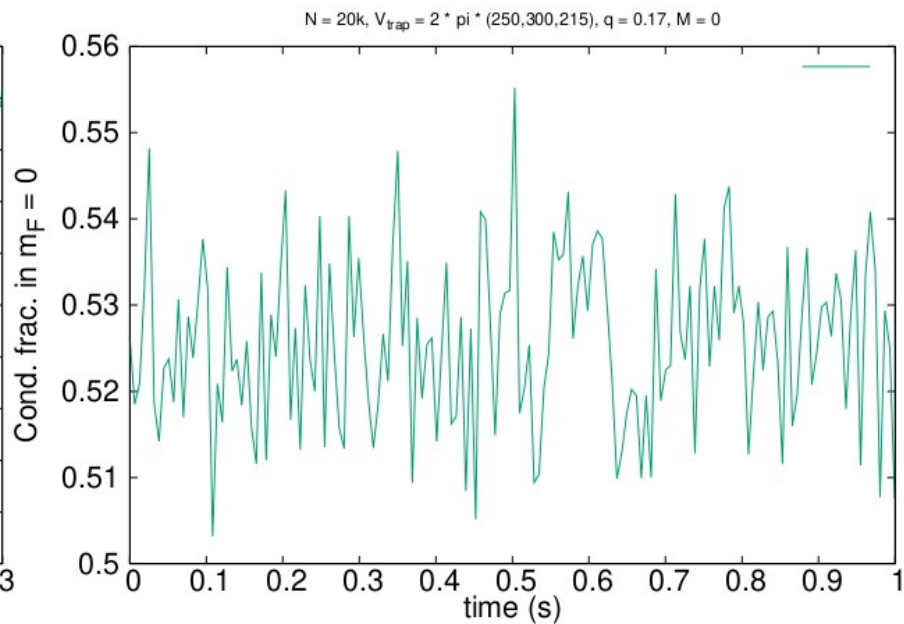
- Hmm, kind of different to Cr
- Fast Rabi oscillation timescale
- Condensate spreads easily into all spin states

max B threshold for cooling

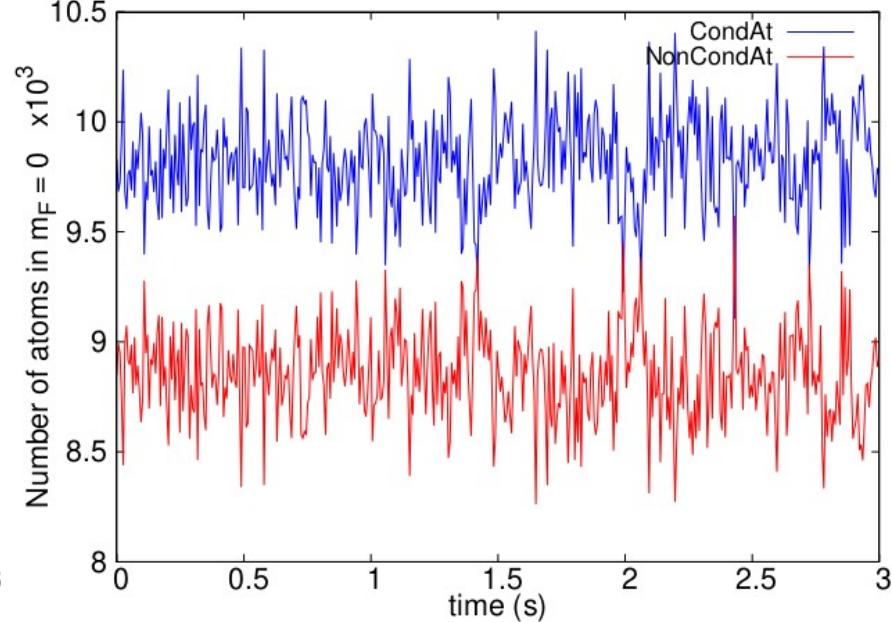
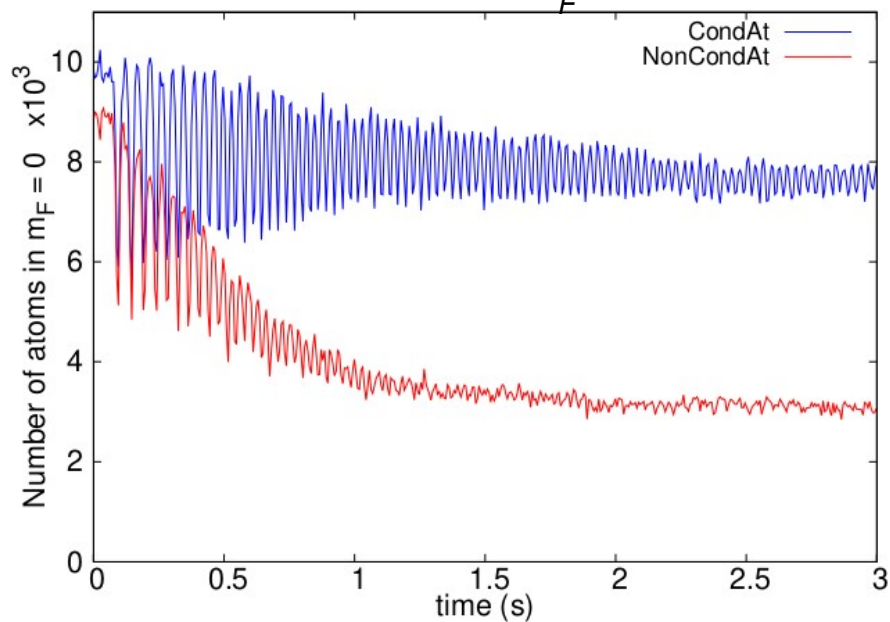
$q=0.15$ $B=368$ mG



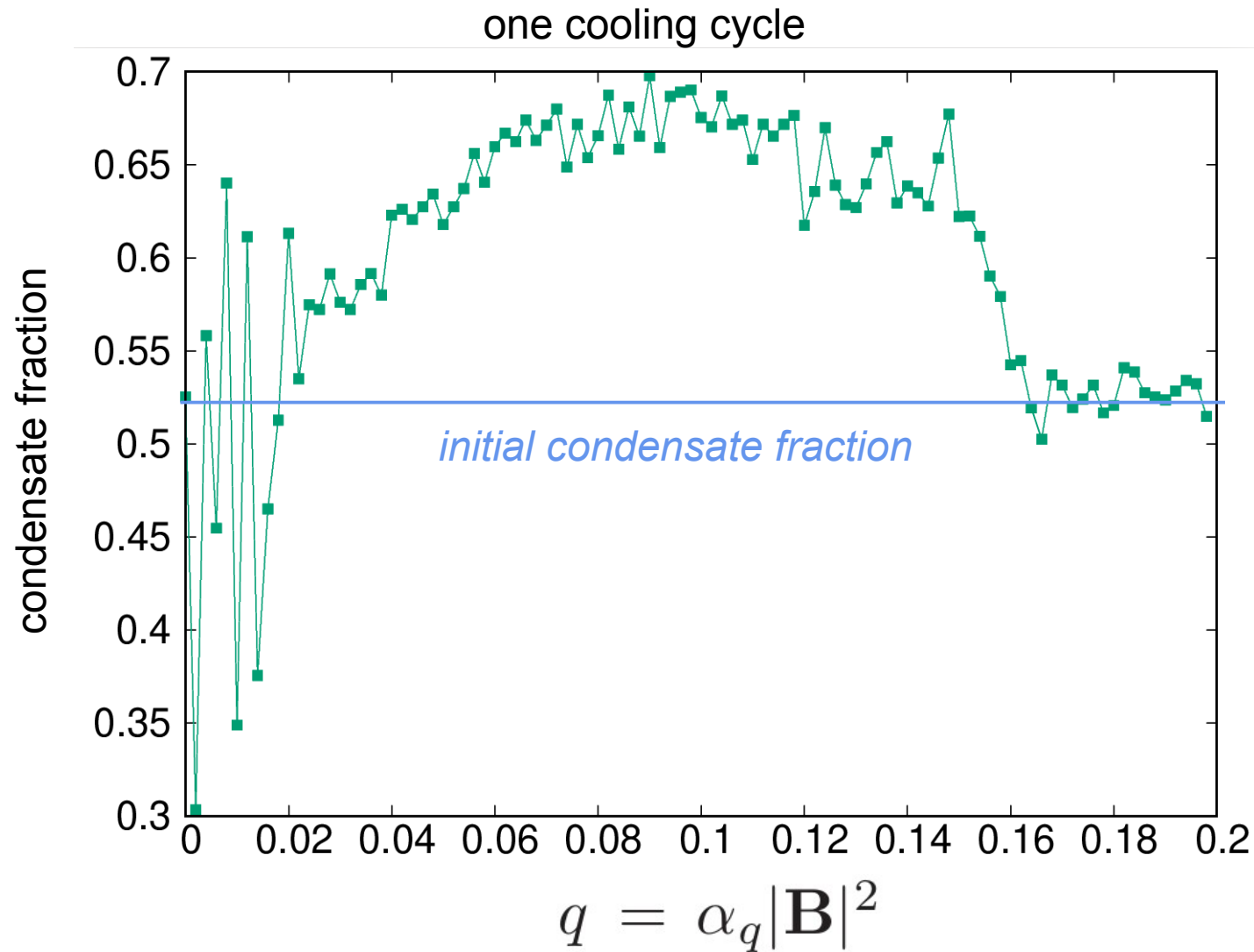
$q=0.17$ $B=392$ mG



$m_F=0$ condensed and thermal atoms



Magnetic field dependence



$k_B T/q \approx 100$, or more, in this whole range.

→ magnetic energy is tiny compared to thermal!

why does it cool at all?

Why a threshold at low magnetic field?

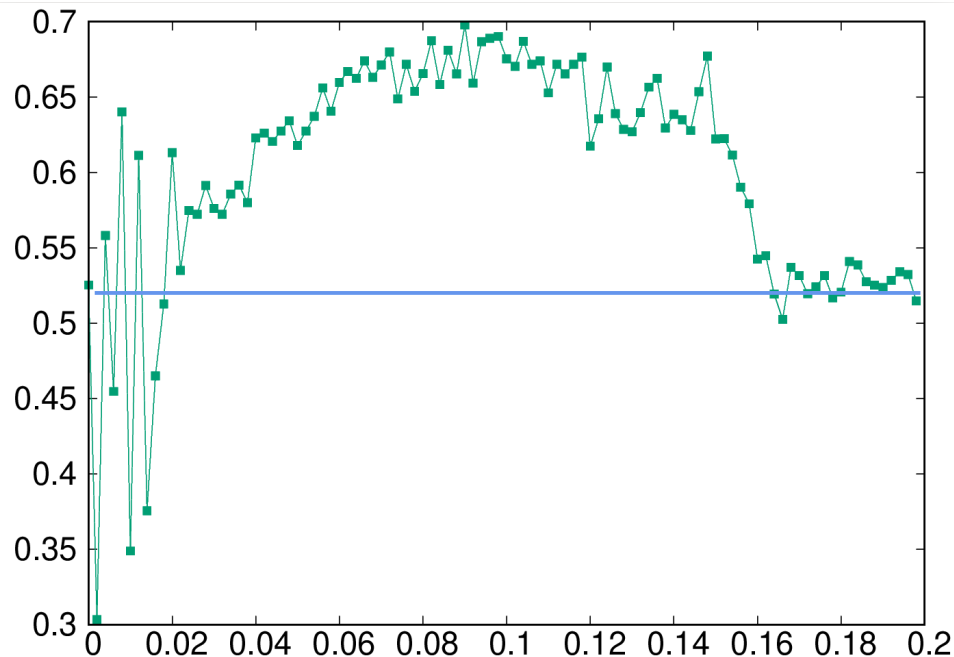
- No spin changing collisions near ground state, zero magnetization

unless $q < \frac{c_2 n}{2}$

Stenger, Inouye, Stamper-Kurn, Miesner, Chikkatur,
Ketterle, Nature **396**, 345 (1998)

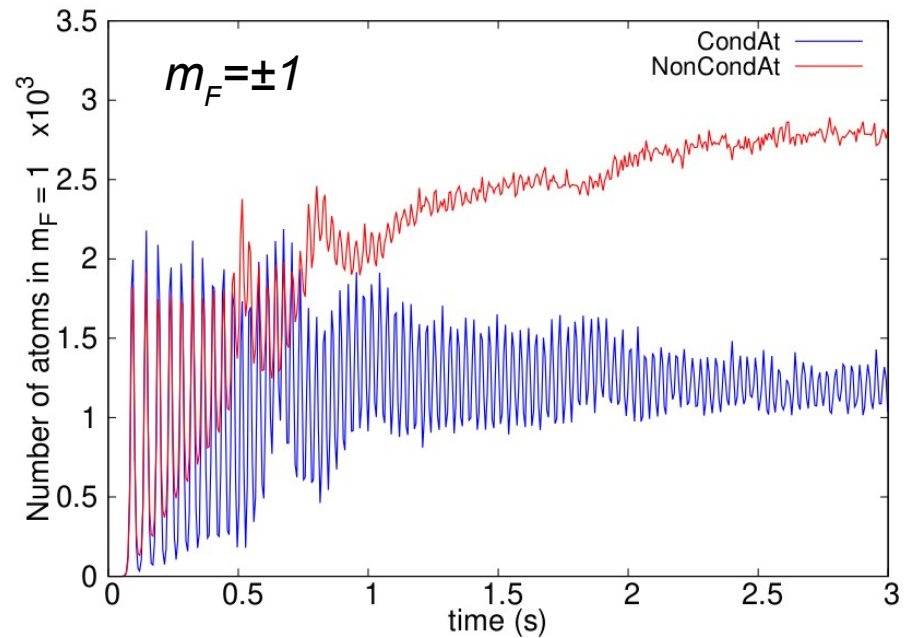
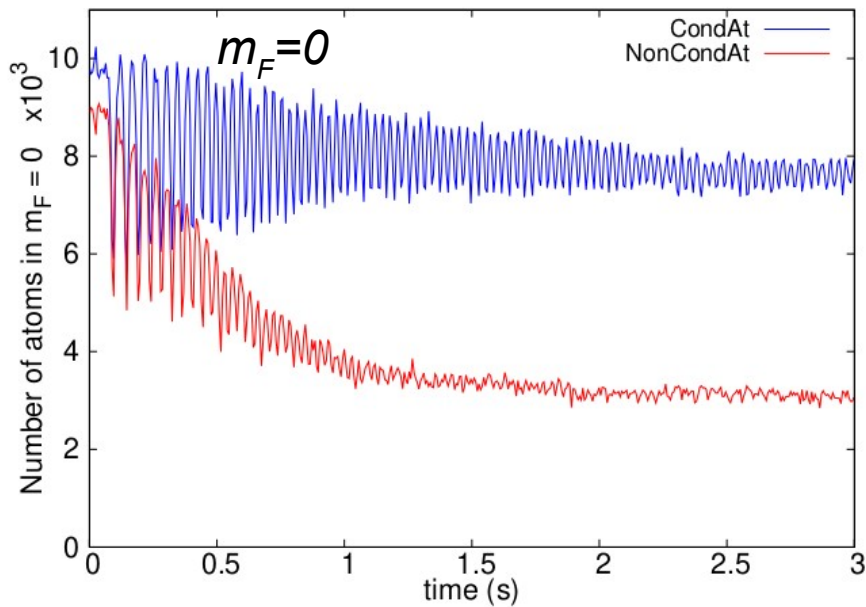
plugging in, get

$$q < 0.1$$

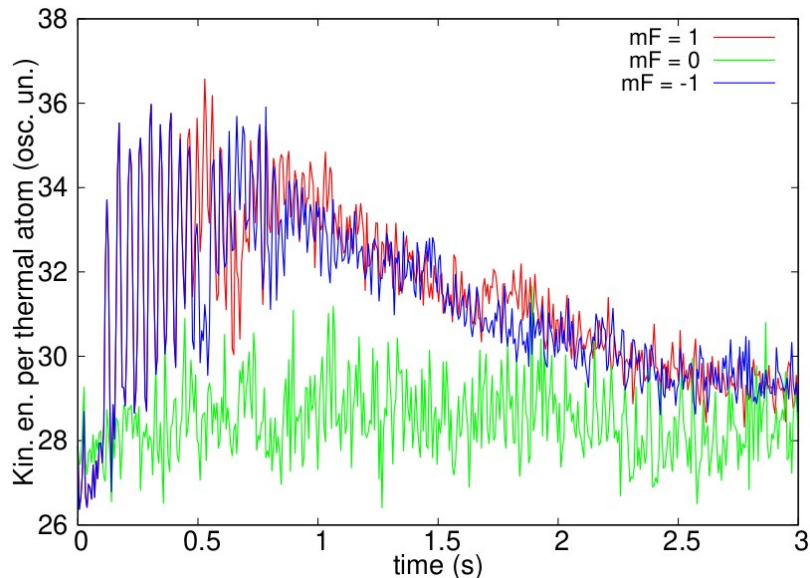


How does it cool if condensate also spreads?

populations of **thermal** and **condensate** atoms



kinetic energy per **thermal** atom

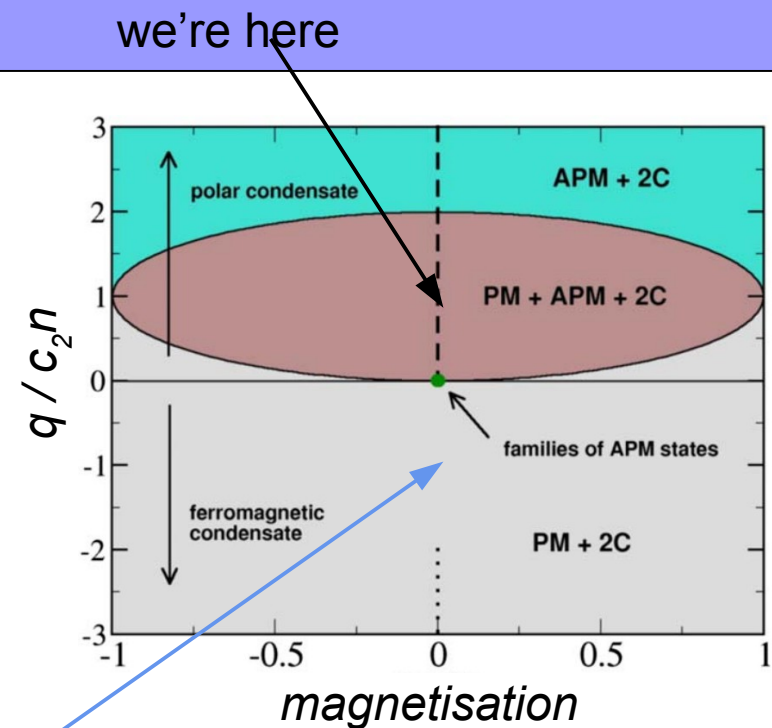


long times:

- equal thermal populations
- equal thermal energies
- **UN**equal condensate populations
(for some reason...)
- More condensate remains in $m_F=0$

Hypothesis..

- Equal thermal population in all 3 clouds is no surprise
(magnetic energy is negligible compared to $k_B T$)
- But – not equal in condensate, despite very many Rabi oscillations
 - * This appears to rely on properties of spinor ground states?
Matuszewski, Alexander, Kivshar, PRA **80**, 023602 (2009)
- Expect cooling when groundstate fraction of $m_F=0$ is $> 1/3$
(since $1/3$ of thermal cloud remains in each spin state)
 - * best when groundstate fraction of $m_F=0$ is close to 1.
 - * Many cooling rounds lead to zero magnetisation.
 - In that case, a groundstate fraction of $m_F=0$ close to 1 seems to desire opposite sign on q and c_2
(different than what we simulated so far....) (drat !)



- There seem to be two variants
 - * **^{52}Cr** : T-dependent $B > B_{\text{th}}$
 - Only thermal atoms are scattered, mostly to nearest state
 - No spin changes in condensate
 - scattering due to dipolar interactions
 - magnetic threshold large compared to spin-dependent interaction energy.
 - Temperature limitation but low.
 - * **^{23}Na** : n-dependent $B < B_{\text{max}}$
 - Thermal atoms spread evenly
 - condensate atoms also spread, but unevenly
 - effectiveness presumably depends on spinor ground state
 - insensitive to temperature
- Both cool quite effectively

Conclusions

- Repeated cooling cycles check out in realistic simulations

Best to adapt B after each cooling cycle

- Looks like two mechanisms *with common similarities*

- Chromium:

*scattering of only thermal atoms into higher states
thanks to dipolar interaction*

$B(T)$

$B > \text{threshold}$

- Sodium:

*thermal atoms scatter evenly
condensate atoms distribute unevenly
thanks to contact interaction*

$B(n)$

$B < \text{threshold}$

- Some further clarifications needed:

scattering rates in Chromium, best conditions for Sodium

