

Ultra cold atoms and molecules

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Warszawa, 03 November, 2016

Why ultra low temperatures?

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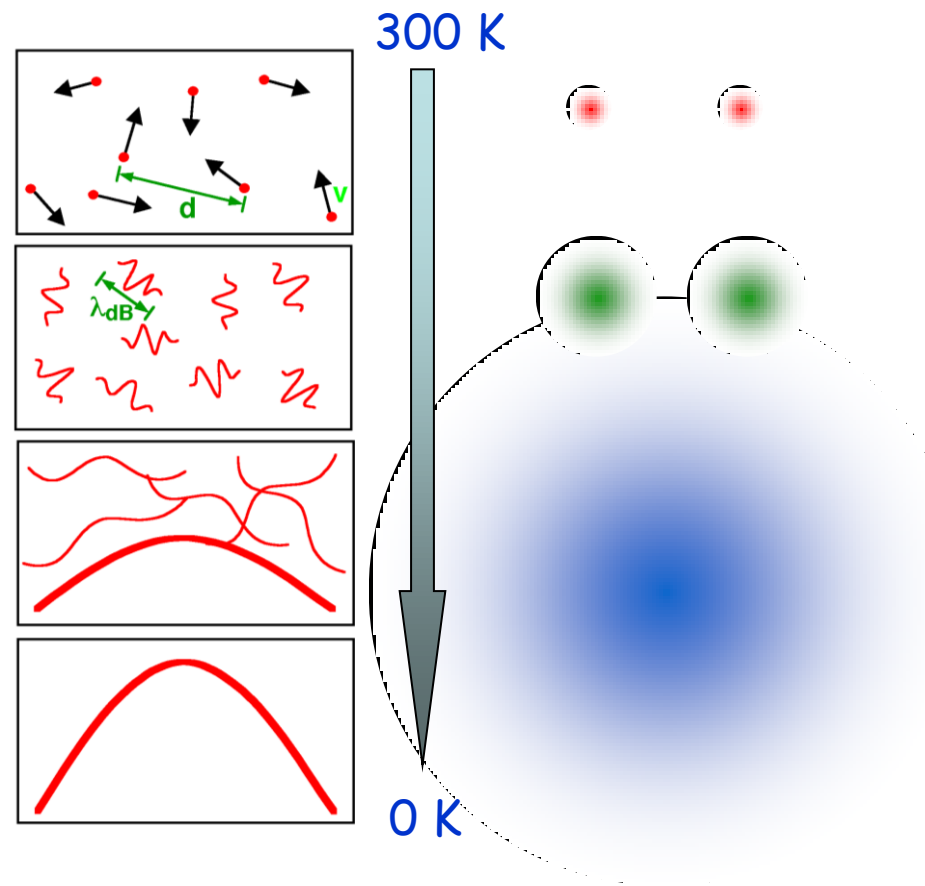
To see the quantum world
of large objects – atoms or molecules.

$$h = 6.626 \times 10^{-34} \text{ J} \cdot \text{s}$$

For these balls here, however, this constant is much larger—about unity—and you may easily see with your own eyes phenomena which science succeeded in discovering only by using very sensitive and sophisticated methods of observation.'

George Gamov „Mr Tompkins in Wonderland”

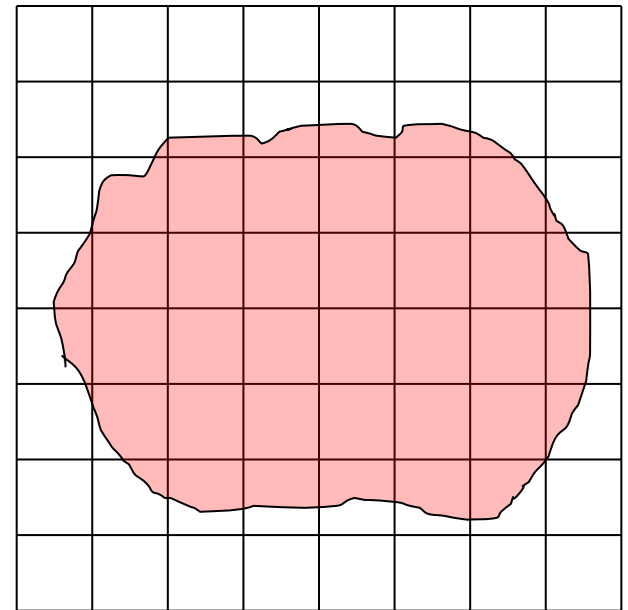
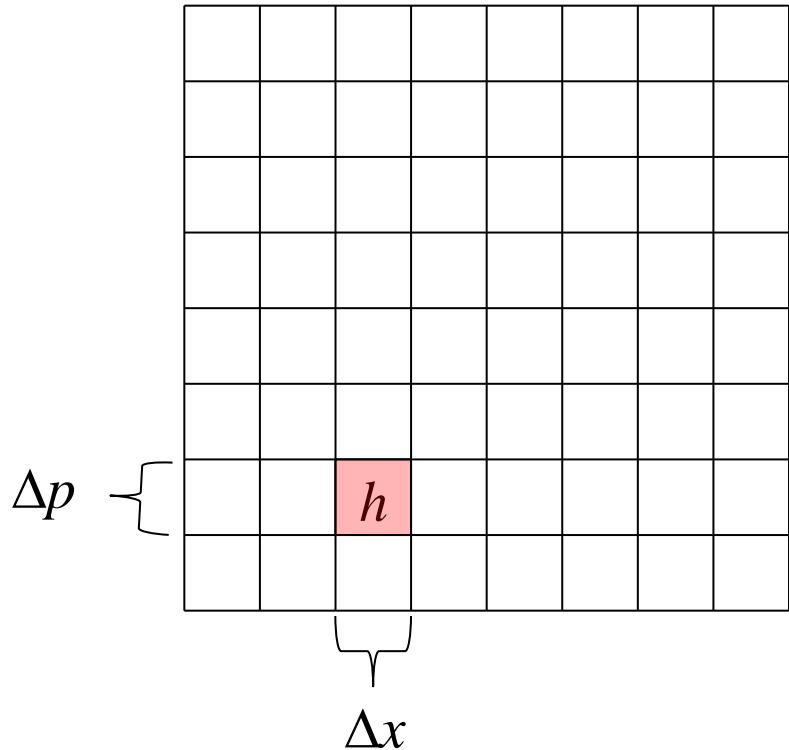
As atoms get colder, they start to behave more like waves and less like particles.



Quantum scale

Heisenberg principle

$$\Delta x \Delta p \geq h$$



Quantum world

Heisenberg uncertainty principle:

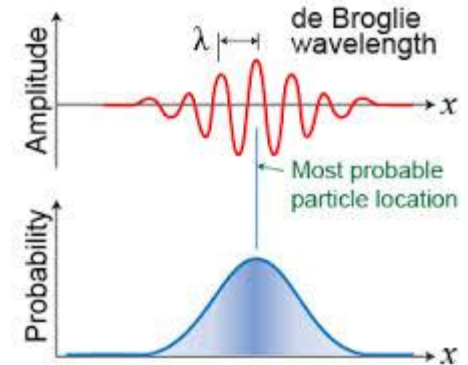
$$\Delta x \Delta p \geq h \Rightarrow \lambda \Delta p \approx h$$

Indistinguishability:

$$\lambda \approx d = \frac{1}{n^{1/3}}$$

Quantum degeneracy temperature:

$$k_B T_{Quantum} = \frac{\Delta p^2}{2m} = \frac{h^2}{2m\lambda^2} = \frac{h^2}{2m} n^{2/3}$$



Some numbers

$$k_B T_{Quantum} = \frac{h^2}{2m} n^{2/3}$$

Electrons in metal:

$$n \approx 10^{23} \text{ cm}^{-3}$$

$$T_{Quantum} = 10^5 \text{ K} \gg T_{room}$$

Atomic gas of the same density:

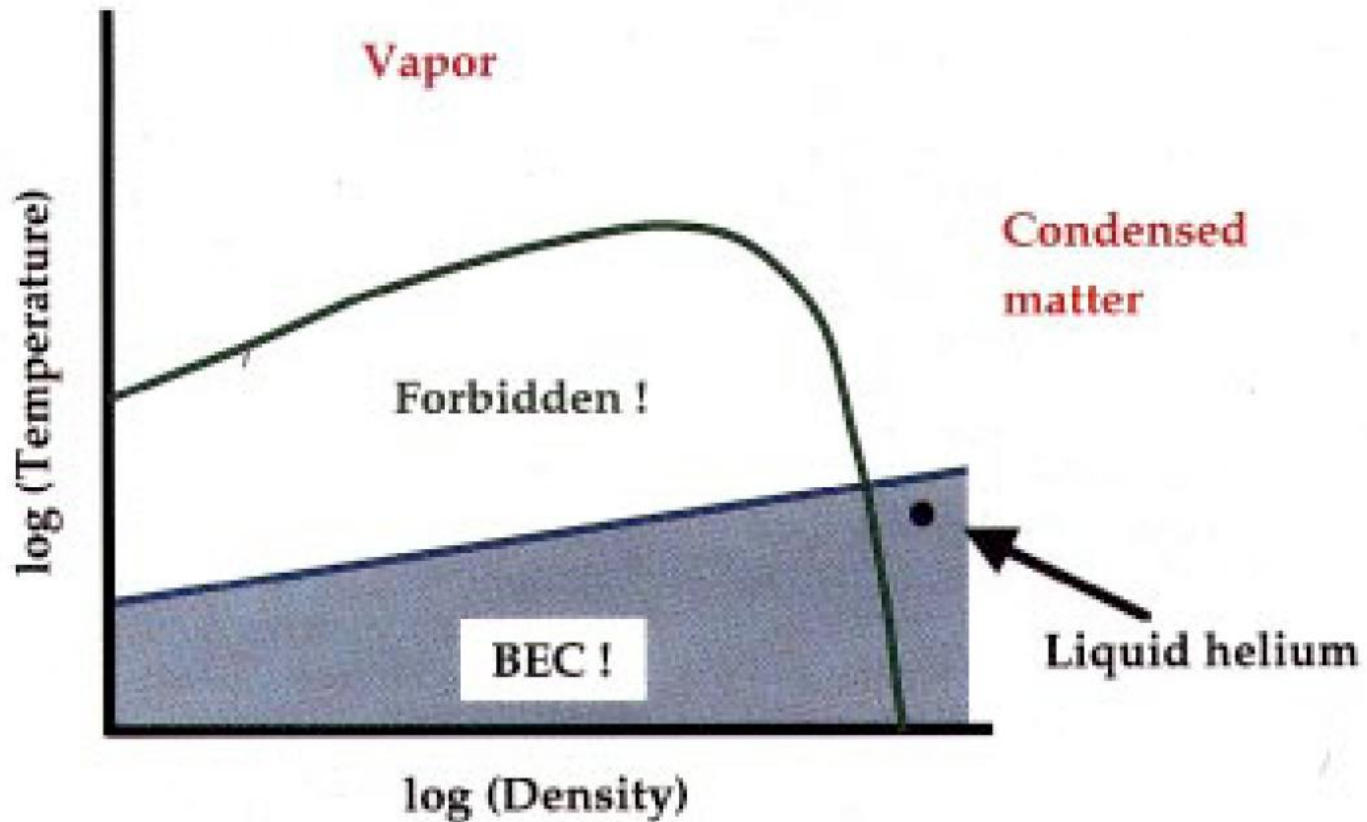
$$T_{Quantum} = 1\text{K} - 10\text{K} \ll T_{room}$$

$$k_B T_{Quantum} = \frac{h^2}{2m} n^{2/3}$$

$$T_{Quantum} = 1K - 10K \ll T_{room}$$

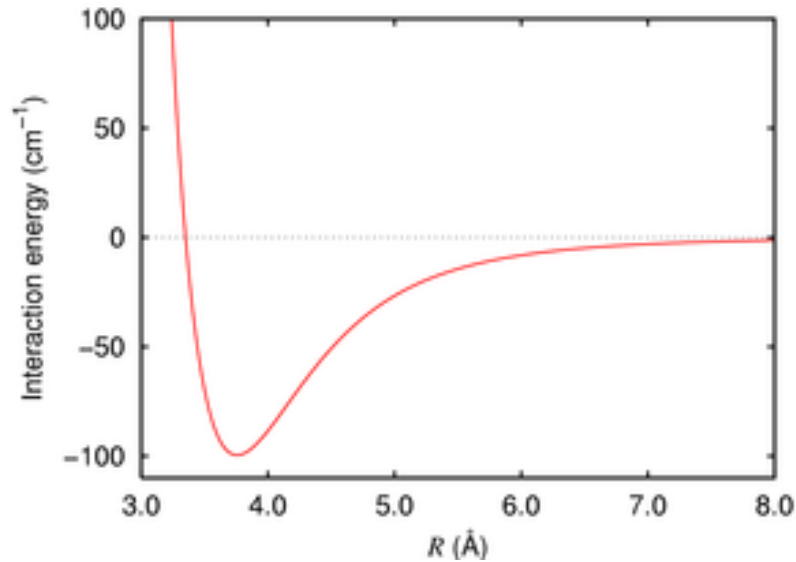
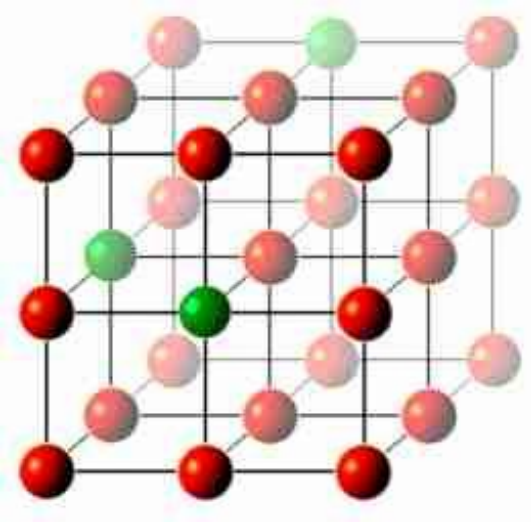
This estimation is **WRONG** –
temperature has to be smaller by about
7 orders of magnitude!!!

Thermal equilibrium



At $T=1\text{K}$ and $n=10^{23}\text{ cm}^{-3}$
EVERYTHING (but Helium) FREEZES

How to get to the BEC region ?



$$d = 3.5 \times 10^{-8} \text{ cm} = 3.5 \times 10^{-10} \text{ m}$$

$$d \propto \lambda = \frac{h}{p}$$

Large distance =>
=> Large thermal wavelength
=> Ultra low temperatures

$$d = 10^{-4} \text{ cm} = 10^{-6} \text{ m}$$

$$k_B T_C = \frac{h^2}{2m} n^{2/3}$$

Who is cool?

Electrons in metal:

$$T_{Fermi} = 10^5 K$$

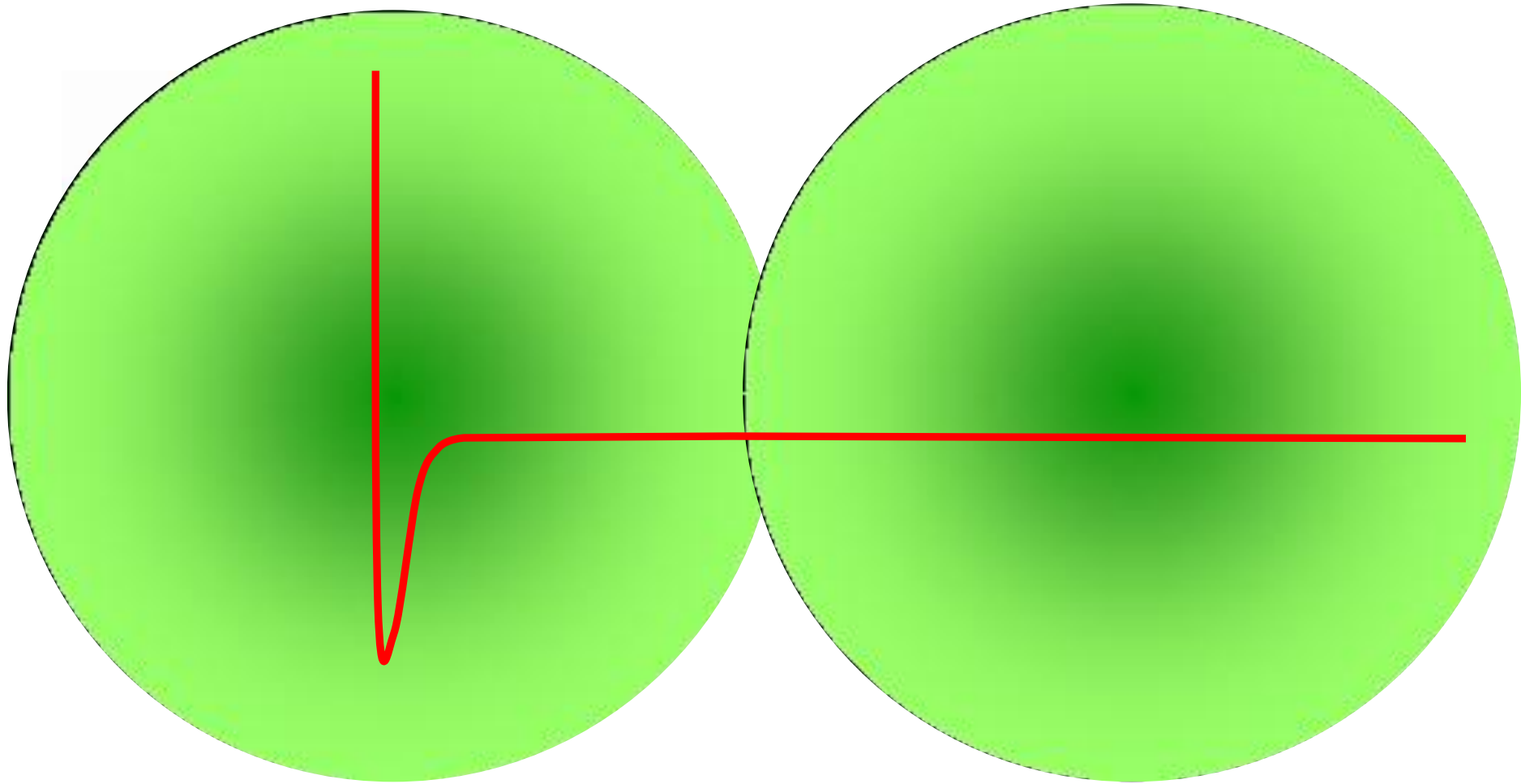
$$v_{Fermi} = 10^6 \text{ m/s}$$

Ultra cold atoms:

$$T_c = 10^{-7} K$$

$$v = 1 - 10 \text{ mm/s}$$

How to get to the BEC region ?



$$\mathbf{d} \propto \lambda \propto 10^{-6} m$$

$$T \propto 100 \times 10^{-7} K$$

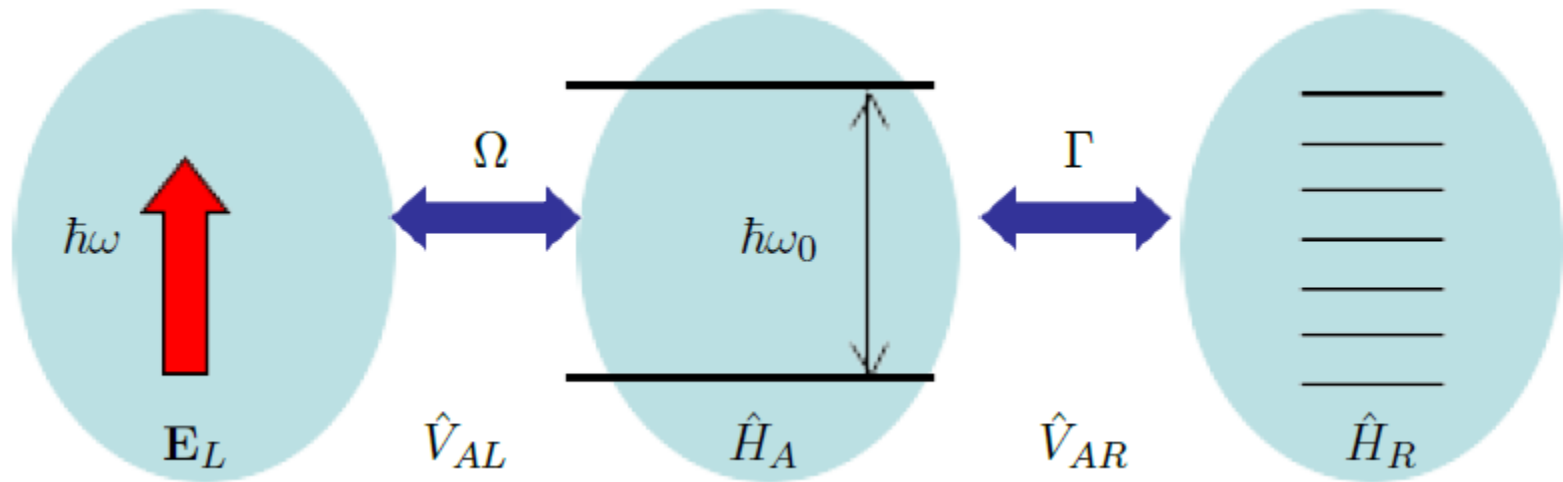
Can one bring atoms to a stop?

Force experienced by an atom in e.m.
field:

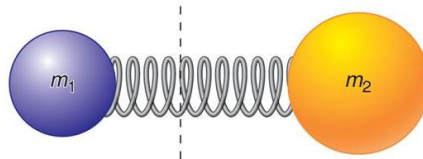
$$F_i(R) = \vec{d}(\vec{R}) \frac{\partial}{\partial R_i} \vec{E}(\vec{R})$$

$$\vec{E}(\vec{R}) = \vec{E}_L(\vec{R}) \cos(\omega t - \vec{k}\vec{R})$$

Force experienced by an atom in e.m. field:



$$\frac{d^2}{dt^2} \vec{d}(\vec{R}) = -\left(\omega_0^2 + \Gamma \frac{d}{dt} \right) \vec{d}(\vec{R}) + \left(\frac{e^2 \vec{E}_L(\vec{R})}{m} \right) \cos(\omega t - \vec{k}\vec{R})$$



Force experienced by an atom in e.m. field:

$$F_i(\vec{R}) = \vec{d}(\vec{R}) \frac{\partial}{\partial R_i} \vec{E}(\vec{R})$$

$$\vec{E}(\vec{R}) = \vec{E}_L(\vec{R}) \cos(\omega t - \vec{k}\vec{R})$$

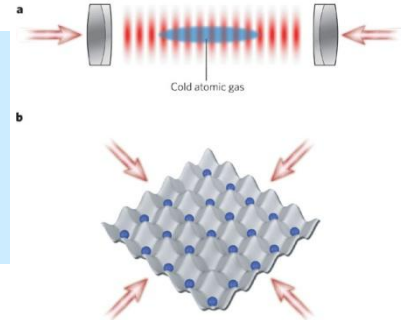
$$\vec{d}(\vec{R}, t) = \alpha_1 \vec{E}_L(\vec{R}) \cos(\omega t - \vec{k}\vec{R}) + \alpha_2 \vec{E}_L(\vec{R}) \sin(\omega t - \vec{k}\vec{R})$$

$$F_i^{dipole}(\vec{R}) = \frac{1}{4} \alpha_1 \frac{\partial}{\partial R_i} \vec{E}_L^2(\vec{R})$$

$$F_i^{disp}(\vec{R}) = \frac{1}{2} k_i \alpha_2 \vec{E}_L^2(\vec{R})$$

Conservative force (light induced potential)

$$\vec{F}^{dipole}(\vec{R}) = \frac{1}{8} \left(\frac{e^2}{m\omega_0} \right) \frac{\delta}{\delta^2 + (\Gamma/2)^2} \frac{\vec{\partial}}{\partial R_i} E_L^2(\vec{R})$$



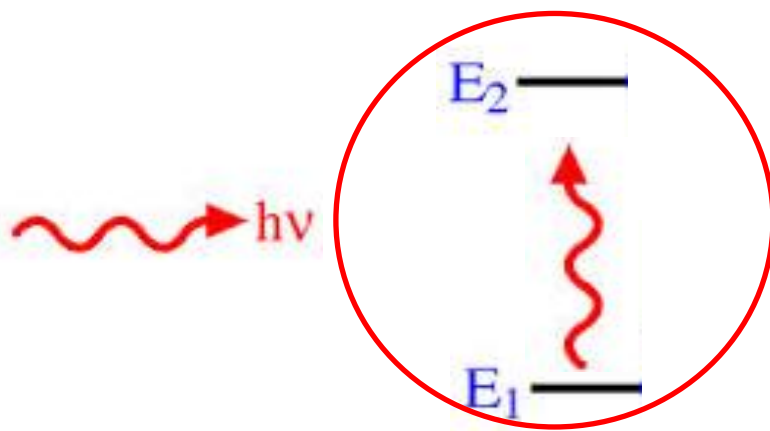
Light pressure force:

$$\vec{F}^{diss}(\vec{R}) = \frac{1}{4} \vec{k} \left(\frac{e^2}{m\omega_0} \right) \frac{\Gamma/2}{\delta^2 + (\Gamma/2)^2} E_L^2(\vec{R})$$

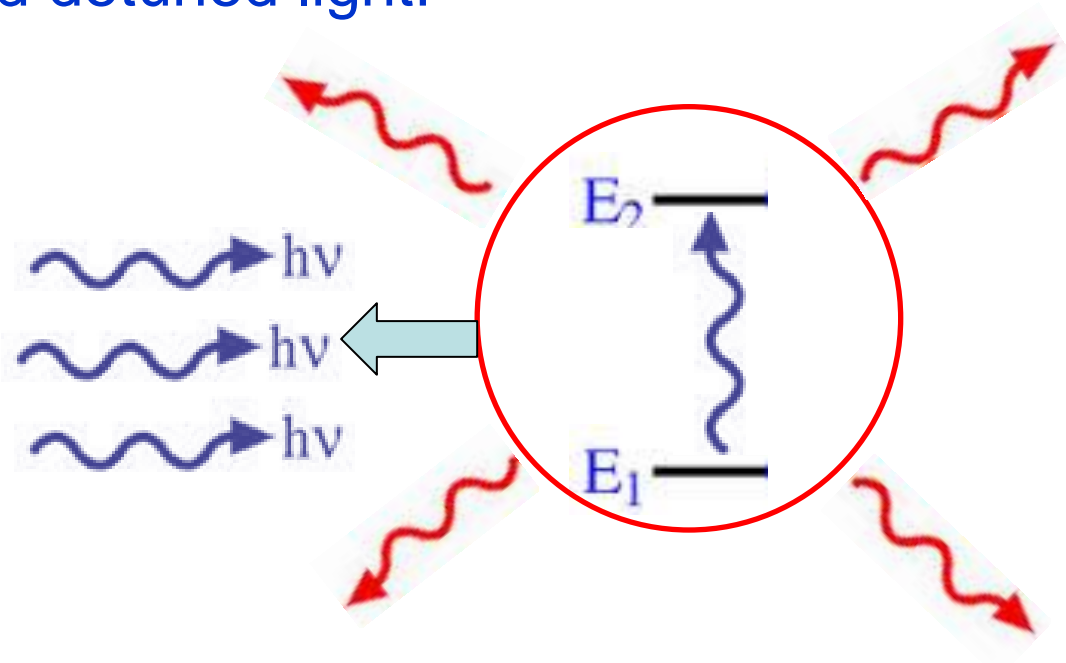
$$\delta = \omega_0 - \omega$$

Slowing down atoms

Solution: Doppler effect –
use red detuned light!



Atom at rest:
Photon energy too small



$$v_{recoil} \propto 3 \text{ cm/s (Na)}$$

$$v_{Doppler} \approx 30 \text{ cm/s (} 240 \mu\text{K)}$$



NOBEL PRIZE 1997



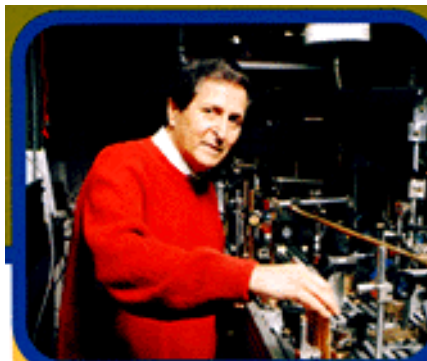
Steven Chu
Stanford University, Stanford,
California, USA

Photo: Linda A. Connor/
Stanford News Service



William D. Phillips
National Institute of Standards and
Technology, Gaithersburg, Maryland, USA

Photo: Robert H. Rouse



Claude Cohen-Tannoudji
Collège de France and École Normale
Supérieure, Paris, France

Photo: Frédéric Beggs



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den viktigaste upptäckten eller
uppfindingen, gemensamt belöna
Steven Chu
Claude Cohen-Tannoudji och William D. Phillips
för utveckling av metoder att kyla
och infänga atomer med laserljus
• STOCKHOLM DEN 10 DECEMBER 1997 •
Tor S. Nilner Eskil Nyberg



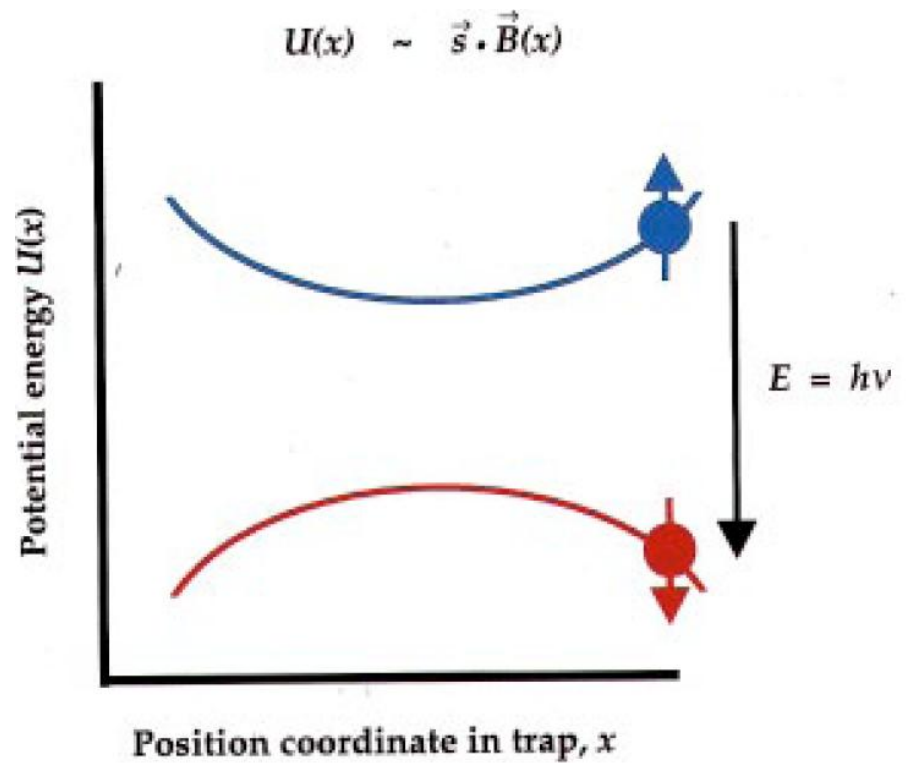
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Evaporating cooling

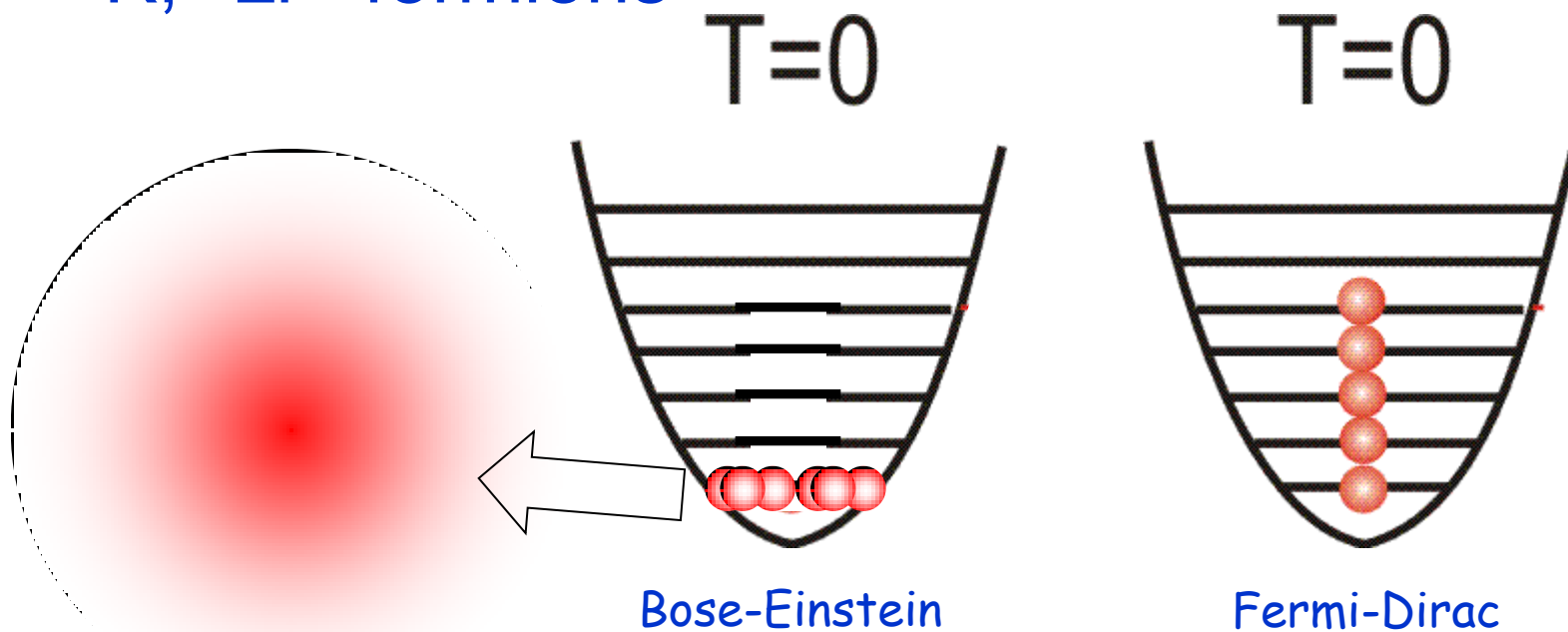


Fermions and Bosons at $T=0$

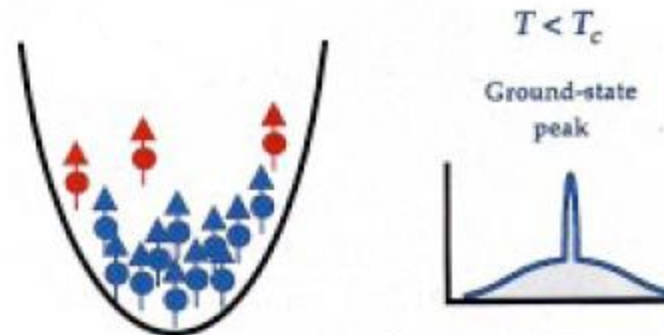
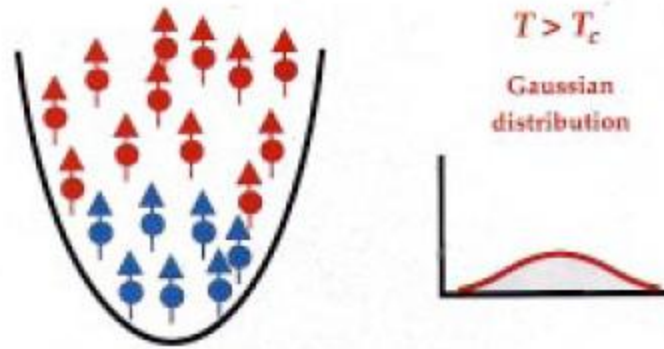
Character of atoms depends on the number of neutrons in the nucleus

^{87}Rb , ^{23}Na , ^{39}K - bosons

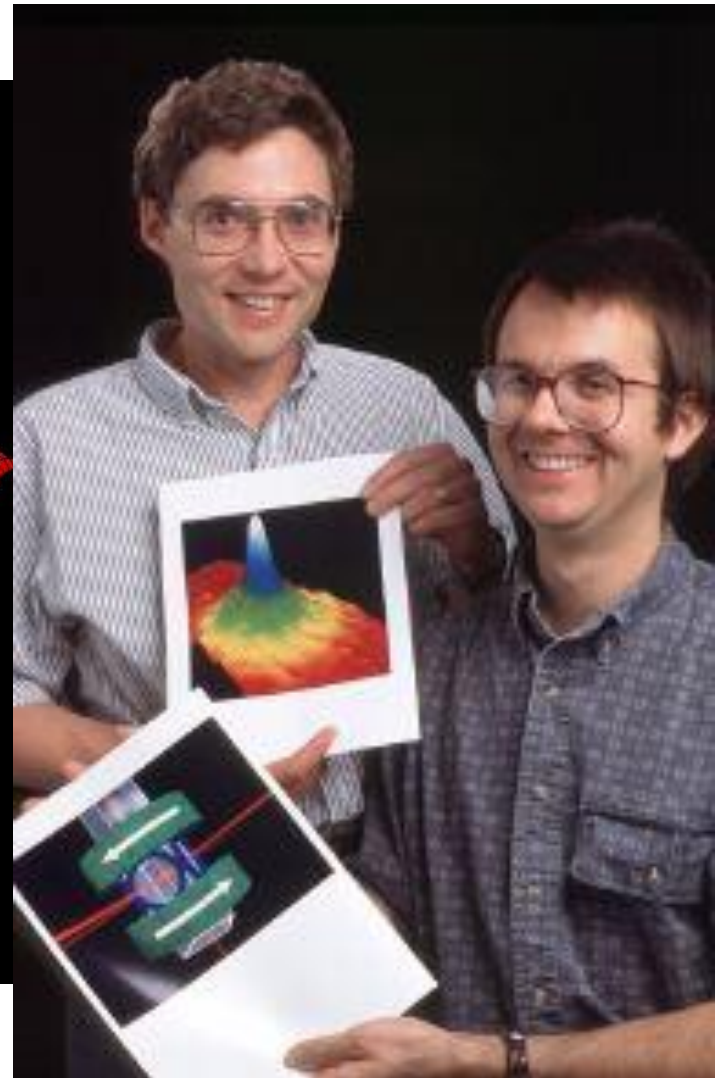
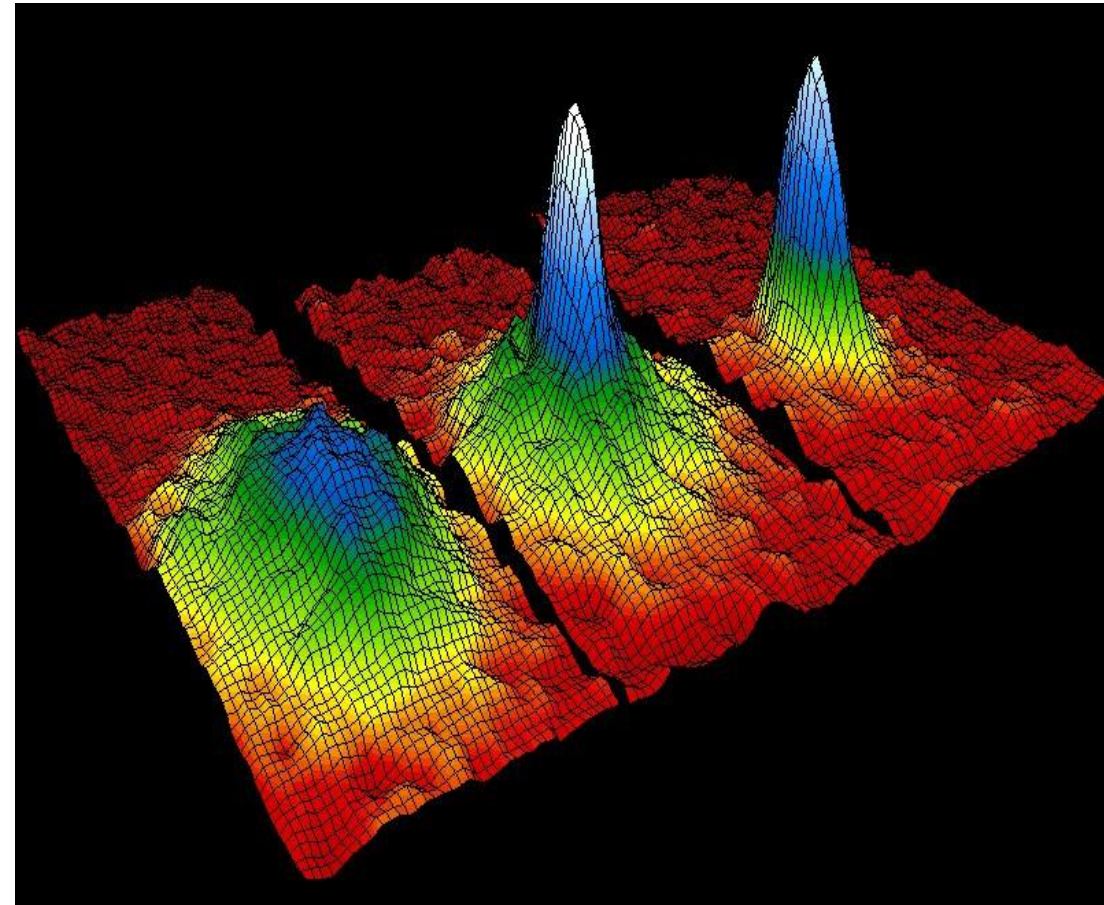
^{40}K , ^6Li - fermions



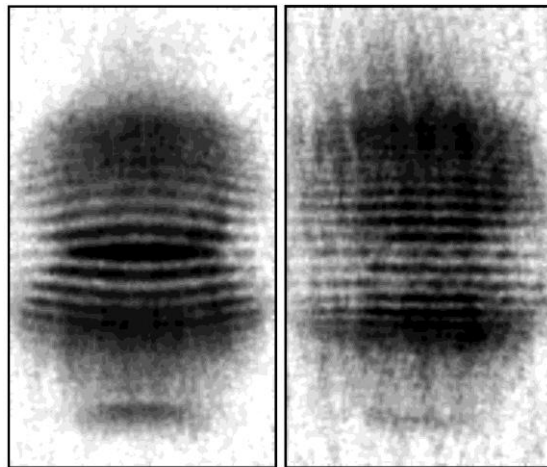
Bose-Einstein condensation



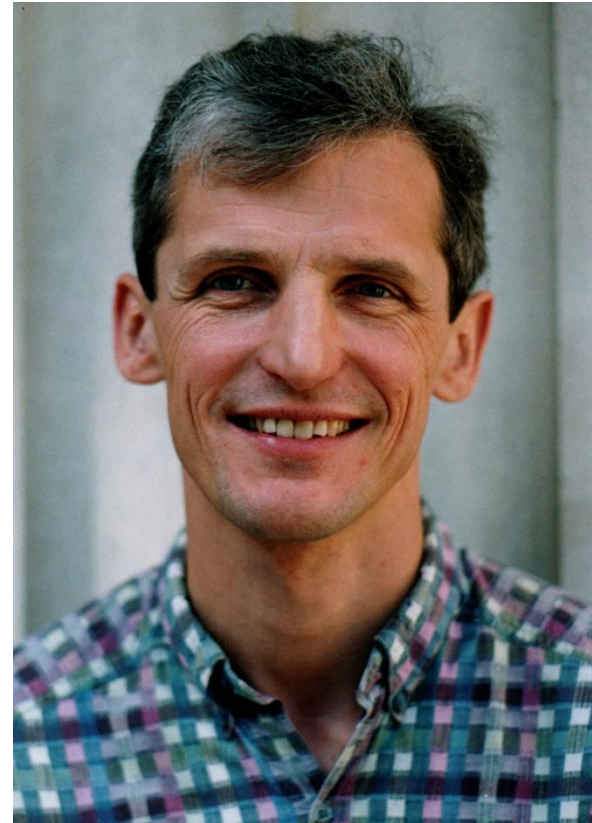
Bose-Einstein condensate



The second condensate – sodium condensate



Interference of matter waves



The Prize Winners for 2001



E. A. Cornell (USA)
1961-
JILA and NIST
Boulder, Colorado,
USA



W. Ketterle (Germany)
1957-
MIT,
Cambridge. Ma,
USA



C. E. Wieman (USA)
1951-
JILA and UC,
Boulder, Colorado,
USA

Gross-Pitaevskii equation

$$\Psi(\vec{r}_1, \vec{r}_2, \dots, \vec{r}_N) = \psi_0(\vec{r}_1)\psi_0(\vec{r}_2)\dots\psi_0(\vec{r}_N)$$

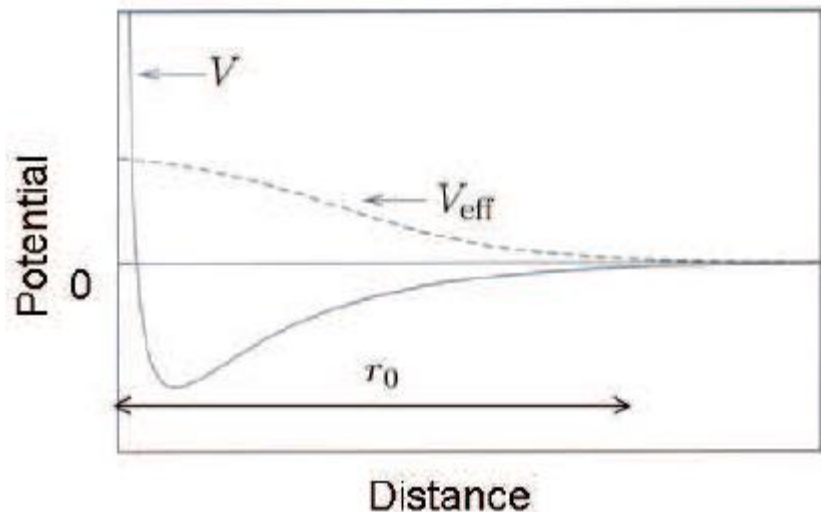
$$\left(-\frac{\hbar^2}{2m} \nabla^2 + V(\vec{r}) \right) \psi_0(\vec{r}) = \mu \psi_0(\vec{r})$$

Gross-Pitaevskii equation

$$\Psi(\vec{r}_1, \vec{r}_2, \dots, \vec{r}_N) = \psi_0(\vec{r}_1)\psi_0(\vec{r}_2)\dots\psi_0(\vec{r}_N)$$

$$\left(-\frac{\hbar^2}{2m} \nabla^2 + V(\vec{r}) + g|\psi_0(\vec{r})|^2 \right) \psi_0(\vec{r}) = \mu \psi_0(\vec{r})$$

$$gn \approx 10^{-15} \text{ eV} - 10^{-13} \text{ eV}$$



Gross-Pitaevskii equation

$$\Psi(\vec{r}_1, \vec{r}_2, \dots, \vec{r}_N) = \psi_0(\vec{r}_1)\psi_0(\vec{r}_2)\dots\psi_0(\vec{r}_N)$$

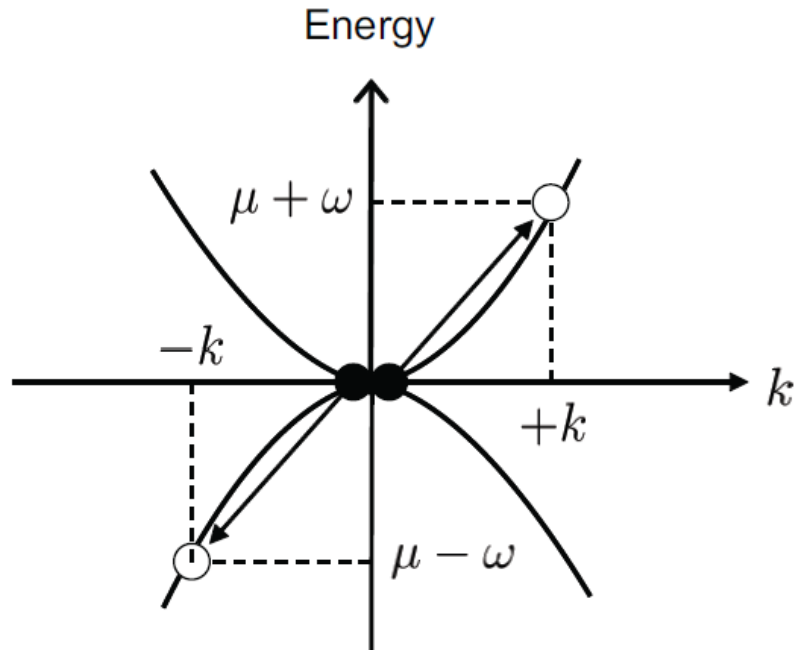
$$\left(-\frac{\hbar^2}{2m}\nabla^2 + V(\vec{r}) + g|\psi_0(\vec{r})|^2 \right) \psi_0(\vec{r}) = \mu \psi_0(\vec{r})$$

$$\mu = gn$$

$$\psi_0(\vec{r}) = \sqrt{n} e^{i\theta}$$

Bogoliubov quasiparticles

$$\psi(\vec{r}, t) = e^{-i\mu t} \left(\psi_0(\vec{r}) + \psi_k(\vec{r}) e^{-i(\omega t - kr)} + \psi_{-k}(\vec{r}) e^{i(\omega t - kr)} \right)$$

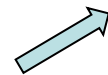


Bogoliubov quasiparticles

$$\psi(\vec{r}, t) = e^{-i\mu t} \left(\psi_0(\vec{r}) + \psi_k(\vec{r}) e^{-i(\omega t - kr)} + \psi_{-k}(\vec{r}) e^{i(\omega t - kr)} \right)$$

$$\begin{pmatrix} \frac{\hbar k^2}{2m} + \mu & \mu \\ -\mu & \frac{\hbar k^2}{2m} - \mu \end{pmatrix} \begin{pmatrix} \psi_k \\ \psi_{-k} \end{pmatrix} = \omega \begin{pmatrix} \psi_k \\ \psi_{-k} \end{pmatrix}$$

$$\omega_k = \sqrt{\frac{\hbar^2 k^2}{2m} \left[\left(\frac{\hbar^2 k^2}{2m} + \mu \right) \right]}$$



$$\omega_k = \hbar k \sqrt{\frac{gn}{2m}}$$

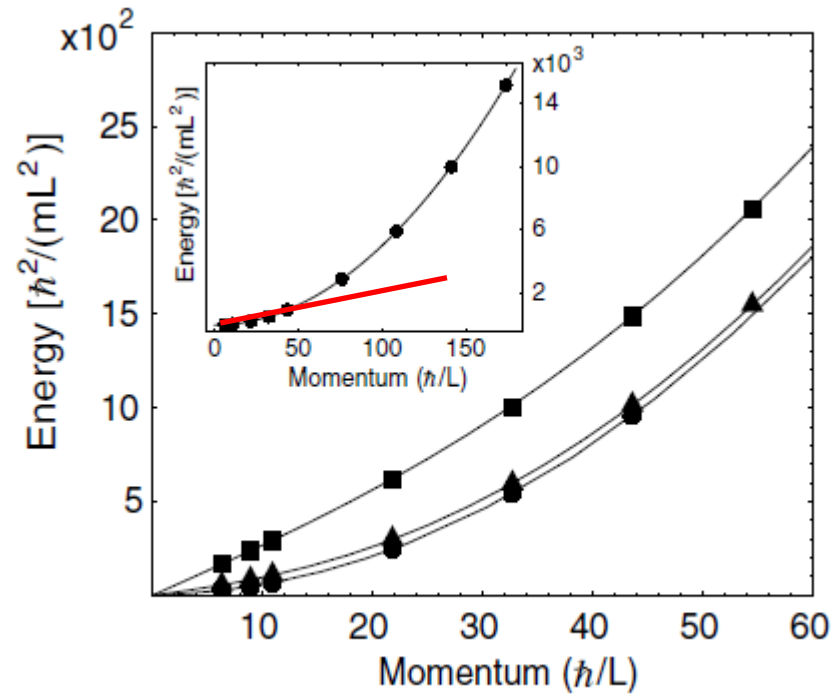
small k



$$\omega_k = \frac{\hbar^2 k^2}{2m}$$

large k

Bogoliubov spectrum



J. Phys. B: At. Mol. Opt. Phys. 37 (2004) 2725–2738

Landau's criterion of superfluidity

In the rest frame of the fluid (moving with a velocity V), the excitation energy is

$$E = \mu + \varepsilon(\vec{p})$$

In the rest frame of a capillary:

$$\vec{p}' = \vec{p} + \vec{V}M$$
$$E' = E + \frac{(\vec{p} + \vec{V}M)^2}{2M} = \mu + \varepsilon(p) + \vec{p}\vec{V} + \frac{MV^2}{2}$$

Dissipation:

$$\varepsilon(p) + \vec{p}\vec{V} < 0$$

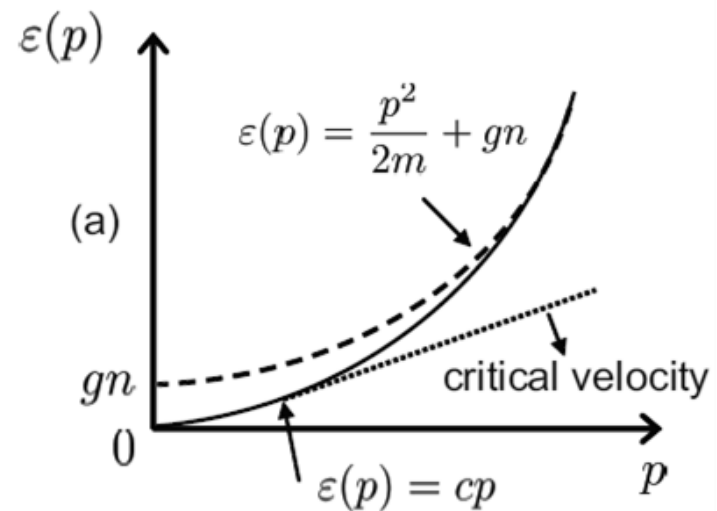
Critical velocity

Dissipation:

$$\varepsilon(p) < pV$$

$$V > \frac{\varepsilon(p)}{|p|}$$

$$V_c = \min_p \frac{\varepsilon(p)}{|p|}$$



BEC is suprfuid!

Quantized vortices

How does it rotate?

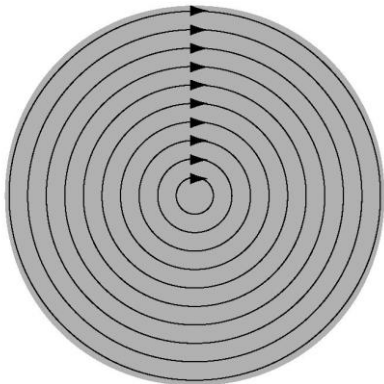
$$\Psi(\vec{r}, t) = \sqrt{\rho(\vec{r}, t)} e^{iS(\vec{r}, t)}$$

$$\vec{V} = \frac{\hbar}{m} \vec{\nabla} S(\vec{r}, t)$$

Rigid body:

$$\vec{V}_\varphi = \vec{e}_\varphi r \omega$$

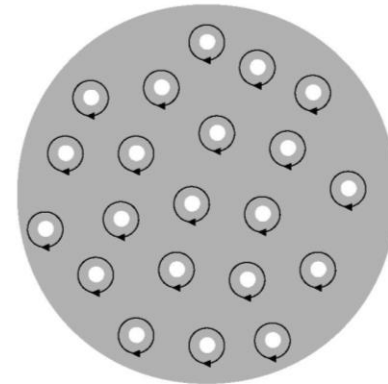
$$\text{rot} \vec{V}_\varphi = \frac{1}{\pi r^2} \oint (r \omega) d\mathbf{l} = 2\omega$$



Superfluid:

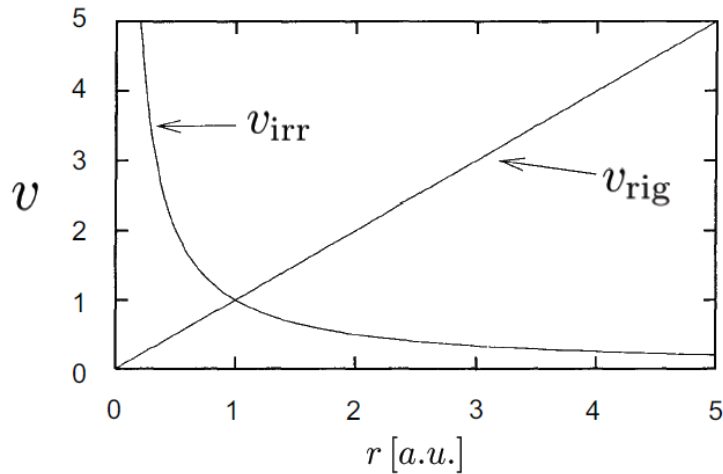
$$\text{rot} \vec{V} = 0$$

$$\oint \vec{V} d\vec{l} = \frac{\hbar}{m} \oint \vec{\nabla} S d\vec{l} = \left(\frac{\hbar}{m} \right) 2\pi n$$

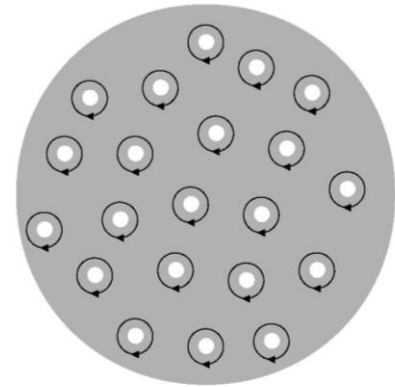


Quantized vortices

$$\Psi(\vec{r}, t) = \sqrt{\rho(\vec{r}, t)} e^{i\varphi}$$



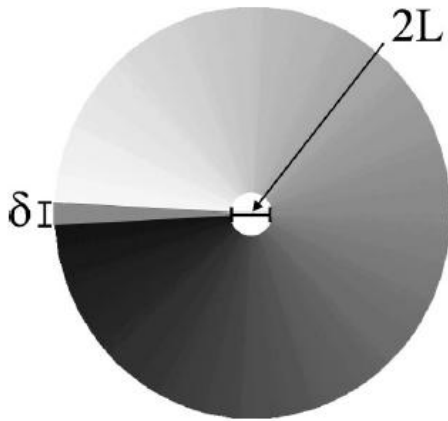
$$V_{\varphi} = \left(\frac{\hbar}{m} \right) \frac{1}{r}$$



At a position of a vortex a density vanishes, and a velocity goes to infinity.

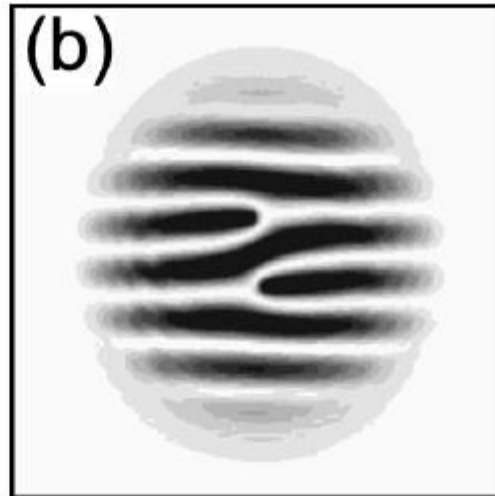
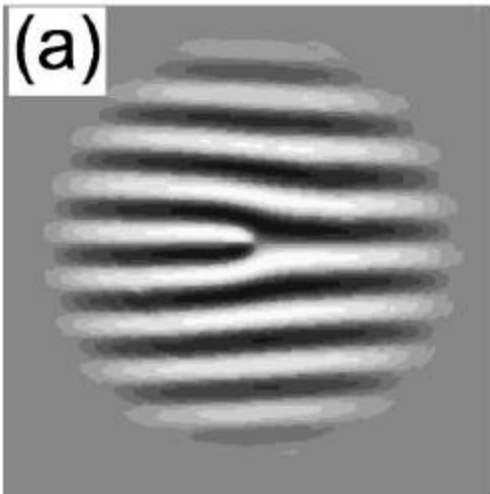
At large distances a fluid does not rotate.

Phase imprinting

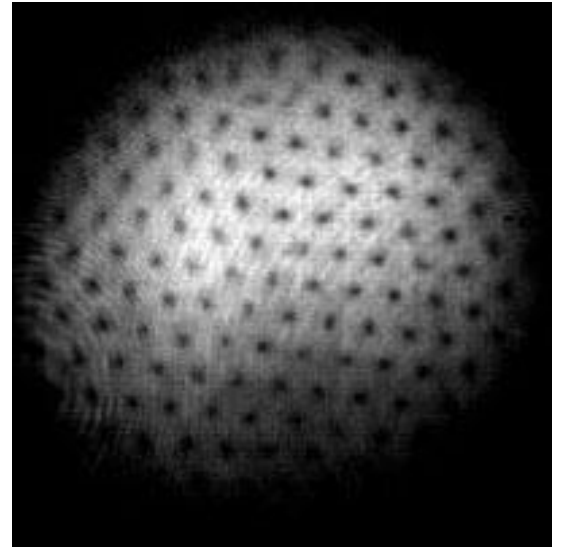
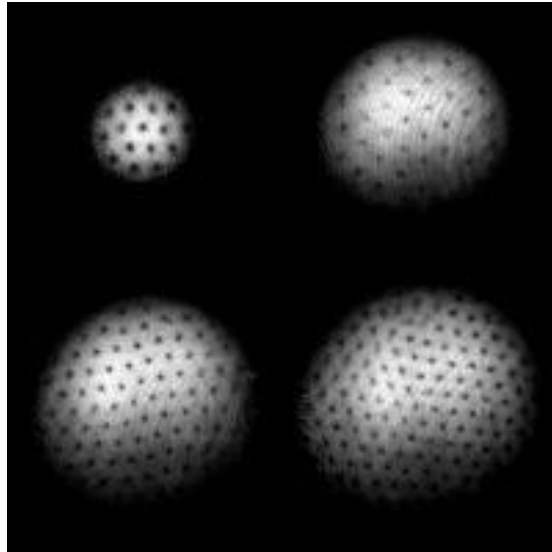
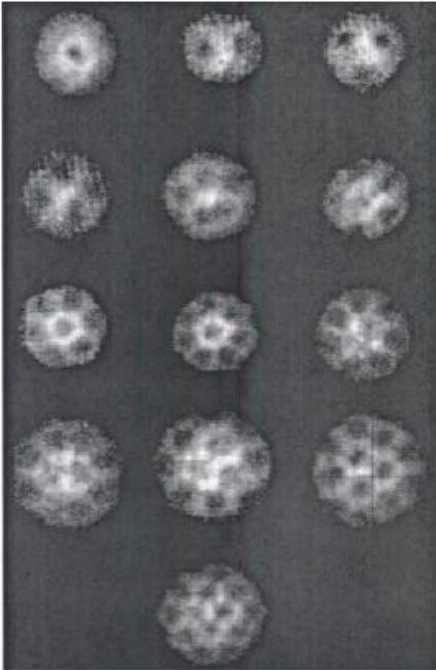


$$\psi(\mathbf{r}, T) = \exp[-iT V_l(\rho, \varphi)/\hbar] \psi(\mathbf{r}, 0)$$

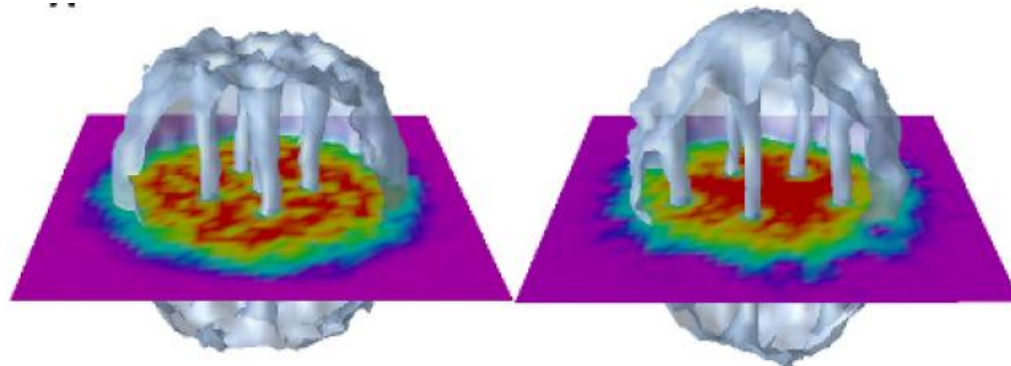
$$|\psi(\vec{r}, t) + \alpha(r)e^{ikr}|^2 = |\psi(\vec{r}, t)|^2 + |\alpha(r)|^2 + 2\text{Re}(\psi(\vec{r}, t)\alpha^*(r)e^{-ikr})$$



Quantized vortices



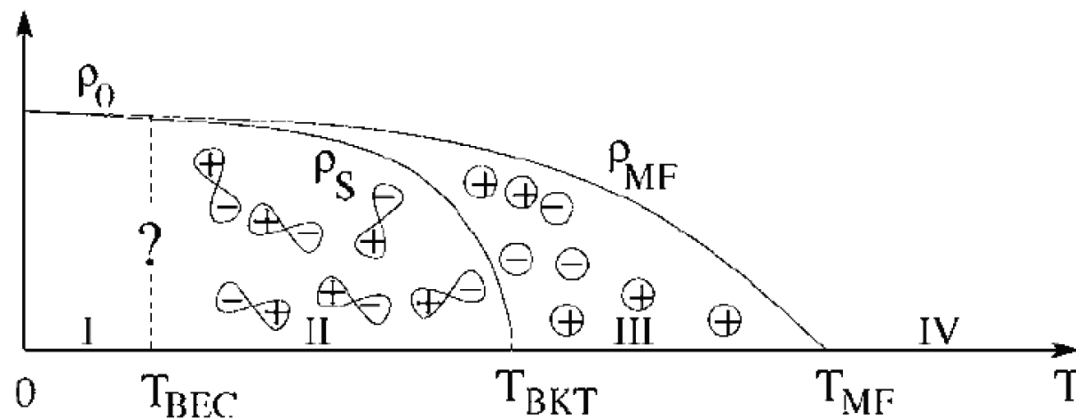
W. Ketterle, Science 2001



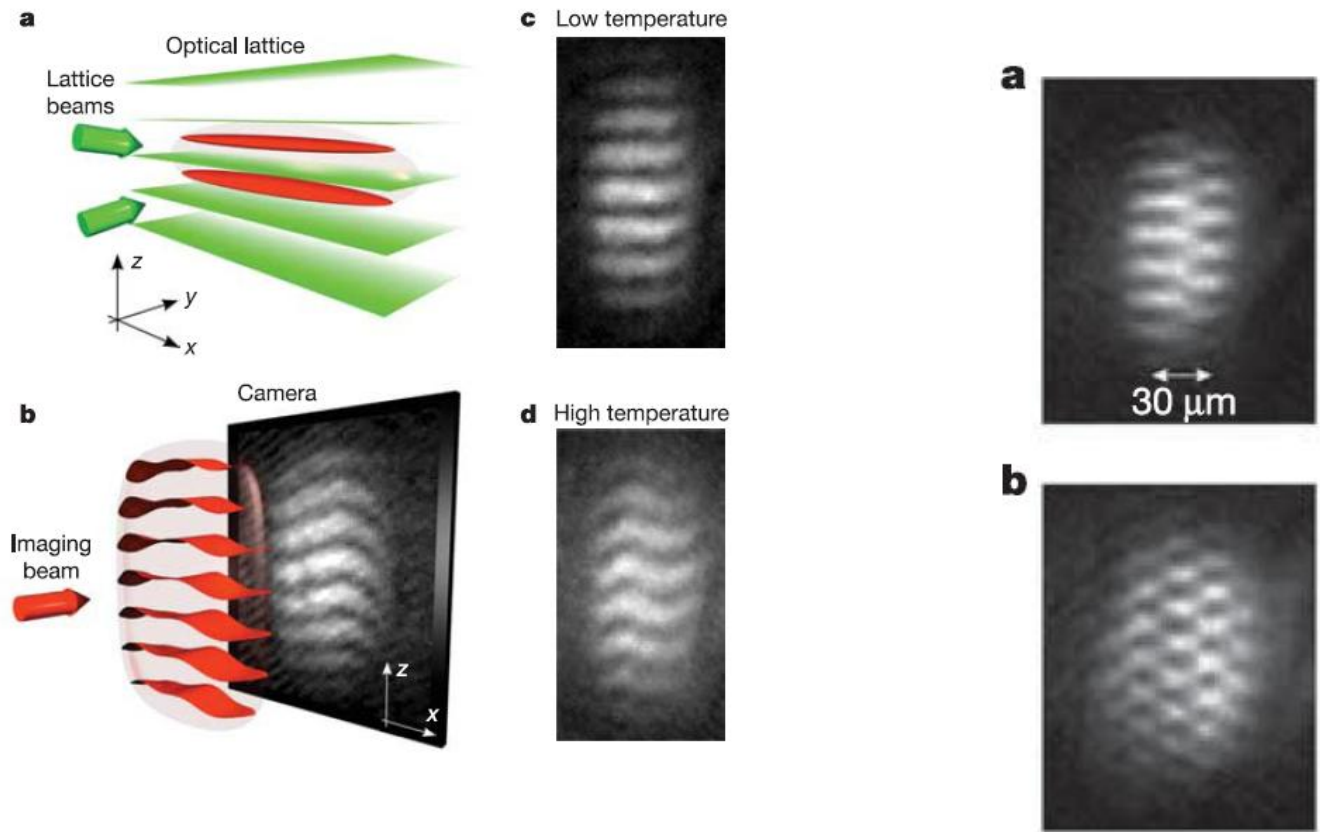
Bose-Einstein condensation in a flatland

Physics in two dimensions is intrinsically different
that in three! (Mermin, Wagner, Hohenberg)

Long-range order is destroyed by thermal fluctuations
at any finite temperature, however the system can become
superfluid via a topological order resulting from pairing of
vortices.



Berezinskii-Kossterlitz-Thouless transition in atomic gases



Thank you!